

Baptist Health Corbin scholarships now available

■ **By Jennifer K. Perkins**

Baptist Health Corbin is offering 12 scholarships to students who are accepted into or currently enrolled in accredited programs in selected health care fields.

Students must be a resident of Knox, Laurel or Whitley counties to be eligible.

The \$1,500 scholarships will be awarded in July. "We are excited to support our local students as they pursue their healthcare education," said Chief Medical Officer Abigail Byrnes, MD. "[I'm] looking forward to watching their growth and success and hoping to get to work alongside these futures healthcare leaders as they complete their training."

Anyone interested in applying should contact Jessica McKay at jessica.mckay@bhsi.com for an application. The deadline to apply is May 31.

New license season

Where to get a KY hunting and fishing license

■ **By Jennifer K. Perkins**

Fishing and hunting license are now available for the 2026-2027 season.

The new license season began on March 1.

Licenses and permits are sold online through the Kentucky Department of Fish and Wildlife Resource's License Sales portal and at agent locations throughout the state. The fee for the license will state the same as last year - \$37.

In Kentucky, the license covers basic hunting or fishing for many species, but additional state permits may be required for animals such as trout, deer, wild turkey or black bear.

For more information about Kentucky's fishing and hunting licenses, visit fw.ky.gov/Licenses.



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Carolyn Reeves, Hearing Specialist

HEARING LOSS TIED WITH MENTAL, PHYSICAL AND SOCIAL AILMENTS IN OLDER PEOPLE

Hearing loss is the world's fourth-leading cause of years lived with disability. The condition may worsen an array of mental, physical, and social complications. As over 90% of hearing loss is age-related, its burden is notably growing amid aging populations.

Hearing ability is integrally tied with communication, and hearing loss leads to communication barriers. This in turn increases stress and restricts the ability to venture outdoors. It may also be tied with cognitive decline and dementia.

A team of researchers sought to shed further light on the relation of hearing loss and other illnesses among older people. They examined three key areas and found hearing loss had a clear link with all three, especially memory loss. The team took advantage of the large-scale 2016 Comprehensive Survey of Living Conditions.

About 9% of the 137,723 survey respondents examined had reported hearing loss. Their responses also showed the condition increased with age. The differences between those with and without hearing loss were quite telling.

Of those reporting limitations in outdoor activities such as shopping or travel, 28.9% of those with hearing loss were affected vs. just 9.5% of those without. For psychological distress it was 39.7% vs 19.3%. For memory loss, the gap was the most profound: 37.7% vs 5.2%. These patterns were similar irrespective of age or sex.

Hearing loss takes an enormous toll on older people in so many ways, physically and mentally, while limiting activities of daily living. Greater awareness of the burden of hearing loss will help improve their quality of life. Measures such as hearing aids and social support by volunteers in the community can also provide them with assistance.

Presented as a service to the community by

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Corbin Walmart named company's Walmart Supercenter of the Year



Photo SUBMITTED

Corbin's Walmart was named the Walmart Supercenter of the Year.

The recognition reflects, "exceptional performance, customer service and community engagement across the company's nationwide fleet of stores," said company officials.

The award was presented during the company's Year Beginning Meetings in Houston.

"My associates work as a team creating meaningful moments with our customers and each other. They take ownership and pride in their areas and truly care about serving our customers," said Store Manager Toshua Harrell.

The store's team volunteers for Earth Day clean-ups, handing out candy downtown for Halloween on Main, helps with Shop with a Cop events, and supports the Empty Stocking Fund. Team members also served meals to families in need in partnership with the White Flag Ministry.

LEGAL NOTICE

The Kentucky Transportation Cabinet

In accordance with KRS 176.051, Kentucky's noxious weed law, the Kentucky Transportation Cabinet will control noxious weeds on state-owned right of way at the request of the adjoining property owner. The noxious weeds named in this law are Johnson grass (*Sorghum halepense*), Canada thistle (*Cirsium arvense*), Cutleaf Teasel (*Dipsacus laciniatus*), Nodding thistle (*Carduus nutans*), Common teasel (*Dipsacus fullonum*), Poison hemlock (*Conium maculatum*), Marestail (*Conyza canadensis*), Amur Honeysuckle (*Lonicera maackii*), Multiflora Rose (*Rosa multiflora*) Japanese knotweed, (*Polygonum cuspidatum*), Spotted Knapweed (*Centaurea stoebe*) and Kudzu (*Pueraria montana*).

Persons who own property adjacent to state right of way and who are involved in eradication efforts on their property can submit a written application to the highway district office in their area. Contact information can be found at transportation.ky.gov/DistrictPages

Community & Church Announcements

Send us your community announcements — Email: society@corbinnewsjournal.com | Fax: 606.528.9779

All announcements sent in must include a phone number for verification or questions. QR codes will not be included or scanned for the information. Community announcements will be ran for two weeks. Support group and other non-profit services will run one time during the month. Deadline is Monday at noon.

Freedom Point Church will host a Spring Market on Saturday, March 14th from 10am until 3 pm. The church is located at 404 W 17th St., Corbin. Come support local small businesses and find something special—from boutique clothing and handmade goods to home decor, baked treats, and more. For more information call Kala at 606.312.0814.

Williamsburg Gospel Barn invites you to the Lake Cumberland Gospel Music Association Homecoming on Saturday, March 7th at 5 pm. Featuring several groups and soloists in a red back book hymnal singing. Free admission. Doors open at 4 pm.

Whitley County Public Library will host Ms. Betty's Toddler Story Time every Friday beginning at 10 am. March 6th - One Fish Two Fish Red Fish Blue Fish; March 13th - The Gingerbread Man And The Leprechaun Loose At School; March 20th - The Rainbow Week; March 27th - Pete The Cat And The Cool Caterpillar. This is for ages one through four.

The Whitley Area Retired Teachers Association (WARTA) will hold the spring meeting at the University of the Cumberlands Hermann Library on Tuesday, March 17th beginning at 10:30 am. Our short meeting agenda will be to award our county's grandparent essay winner. We will then host the Upper Cumberland Retired Teachers Association spring meeting at 11:00 am with special guest speaker Dr. Quinton Young, President of the college. The meeting will conclude with lunch in the college cafeteria.

The Whitley County Cooperative Extension will be having a Beekeeping Basics Workshop on Saturday, March 7th, at 10am at WD Bryant in Corbin. Log on to ukywhitley.pacecommunity.net to register. Log on to ukywhitley.pacecommunity.net or call 606.549.1430 to register.

The 2026 Whitley County Dumpster Program will be held on March 12, 13 and 14 at the Old Rockholds School - School Street. A crew will be present from 8 am - 3 pm to help with

unloading. Tires, shingles and hazardous materials such as batteries, paint and chemicals will not be accepted. For bulk disposal and Whitley County residents only. No after hours dumping.

There will be a Basic Gardening Workshop on Thursday, March 5th at 6pm. Workshop will be at the Whitley County Cooperative Extension Office, 4275 N. Hwy. 25W in Goldbug. This is open to anyone who wants to learn how to grow a garden. Log on to ukywhitley.pacecommunity.net or call 606.549.1430 to register.

Whitley County Cooperative Extension will be hosting a Swap Meet, Friday, March 6th, from 5pm-9pm. The Swap Meet will be at the Whitley County Cooperative Extension Office, 4275 N. Hwy. 25W in Goldbug. Discover vintage treasures and great deals from local vendors. Call 606.549.1430 for more information.

The Whitley County Farmers Market will be having a vendor meeting on Saturday, March 7th at 5pm. The meeting will be at the Whitley County Cooperative Extension Office, 4275 N. Hwy. 25W in Goldbug. This is an opportunity to learn about the Farmers Market, vendor requirements/regulations and get signed up for the 2026 season. You may contact Andrew Modica at 606.549.1430 or email the Farmers Market at wcfarmersmarket@gmail.com for more information.

Disabled American Veterans Chapter 90 1t will have service officers, Jimmy Haun and Randy Pollin at the DAV located at 100 Briar Creek Park Road in Williamsburg, KY on the first Tuesday of every month from 10:00 am until 2:00 pm.

Al-anon Family Group Meetings will be held every Tuesday at 6 pm at the Saint John's Episcopal Church and every Friday at 12 pm at the Corbin Presbyterian Church on Master Street. Please enter through the back door.

Extension Community Arts Center upcoming classes. The Center is located at 428 Main Street, in Williamsburg. Classes may require pre-registration, have a fee, with age and class size limits. To get complete information or register online at ukywhitley.pacecommunity.net or by calling 606.549.7373.

•**Linocut** - Norman Rockwell Art History - 2-part class - Friday, March 6th and March 13th from 5:30 pm - 8:00 pm. For ages 16 & up and there is a fee. Students will dive into the basics of linocut print-making. Using a simple Rockwell-inspired design, participants will carve, ink, and print, finishing the class with a handmade set of notecards. No art experience needed—just creativity!

•**Let's Go Hiking:** Sheltoewe Trace/Dog Slaughter Falls Saturday, March 28, begins at 8:30 am - all day trip. hikers will meet at the Whitley County Cooperative Extension Services, in Williamsburg and will carpool to the trailhead. You are welcome to drive separate. Pack a lunch and water. All ages are welcome, hike at your own risk.

•**Art of Mindfulness** - Saturday, March 7th - 11 am - 12 pm. This session teaches meditation basics, helping participants stay calm amid chaos by focusing on the present moment. There is a fee.

•**Pottery Group** - Monday, March 9th - 6 pm - 7:30 pm. Free for all ages. These classes are designed for individuals familiar with pottery but is open to anyone who wants to learn.

•**Enameling Group** - Friday, March 27th - 3:30 pm - 6:00 pm. This group is for individuals that have completed beginner or intermediate enameling.

•**Soap Group** - Thursday, March 26th - 6 pm - 8 pm. In this group, students will learn basic soap making techniques.

•**Berry Basket** - two part class - Monday's, March 16th, and March 23rd - 10 am - 2 pm. For ages 16 and up, there is a fee. Must have made a basket or completed beginner basket class. Students will create this beautiful berry basket.

•**Artwork Day** - March 19th - 3pm - 7 pm. Enjoy a creative workspace where you can focus on art, collaborate with others, and explore new ideas together. This is not a formal class.

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