

H C P L
HANCOCK COUNTY
PUBLIC LIBRARY

Hey there, library patrons! Whew, this winter has been a little rough, right? Thankfully, I'm starting to see some light at the end of the tunnel. Daylight Saving Time starts this coming Sunday, March 8th! (Here is your friendly reminder to set your clocks forward by one hour before bed this Saturday!) Longer days, more sunshine, and better weather are all right around the corner, and your local library has a wide variety of fun and engaging programs to help you close out this winter and jump headfirst into the fast-approaching Spring season!

PROGRAMS FOR ADULTS
Seed Library

It's almost time to start making your list and gathering your seeds. Our seed library is now open! We will once again be offering 10 packets of seeds each month per library card. We look forward to hearing about all the fabulous things you're growing in 2026!

Puzzle Competition

Registration for our upcoming Puzzle Competition starts tomorrow, Friday, March 6th! The competition will take place in 2 weeks on Friday, March 20th from 6:00—8:00 p.m. at the Lewisport branch. Starting tomorrow, call or stop by either location to sign your team up to compete against the clock and against other teams to see who can put together a mystery jigsaw puzzle the fastest!

PROGRAMS FOR TEENS
Teen Perler Bead Magnets

On this coming Monday, March 9th, registration opens for our upcoming Teen Perler Bead Magnets activity that will take place on Tuesday, March 24th at the Hawesville location from 3:00—4:30 p.m. In this activity, teens will design their own Perler bead masterpieces using colorful patterns, retro pixel art, and more. Then, they'll fuse them together to turn them into custom-made magnets they'll get to keep! If your teen is interested in participating, please be sure to contact the library to sign them up in advance starting this coming Monday.

Teen Dungeons & Dragons

Our next Teen Dungeons & Dragons meeting for ages 13—18 will take place Friday, March 13th from 5:00—8:00 p.m. at the Lewisport branch. Registration is required and opened Monday, March 2nd. If your teen is interested and not already signed up, call or stop by either location to ask if there are any remaining spots available!

PROGRAMS FOR CHILDREN
Peep House Building

Registration opens Monday, March 9th for the children's peep house building activity that will occur on Tuesday, March 31st from 5:00—7:00 p.m. at the Hawesville location. Little architects and builders will have the opportunity to create a delightful (and potentially delicious) home using marshmallow peeps, graham crackers, frosting, and candy decorations! Be sure to call or stop by to sign your little one(s) up in advance for this fun Springtime activity!

Stuffy Sleepover & Breakfast

Registration and drop-off will be during business hours (9:00 a.m. - 5:00 p.m.) on Friday, March 20th at the Lewisport branch. Children aged 0—12 are welcome to bring their stuffy (one per child) for a special sleepover party where the stuffies will get to stay overnight to explore the library and see if they make any fuzzy new friends! Children and parents will need to return to the Lewisport branch the following morning, Saturday, March 21st from 9:30—10:30 a.m. to pick up their stuffy friends and view a slide show of all of the shenanigans the stuffies got up to overnight! Donuts will be served during the slide show.

Service Highlight: Universal Class

Are you, like me, an avid lifelong learner? If you love learning new skills and increasing your knowledge of various subjects for free, you should check out Universal Class, one of the library's most versatile and useful online resources. Offering more than 600 self-paced courses with real instructors, Universal Class can help you learn to train your dog, master Microsoft Excel, brush up on your interview skills, prepare for retirement, give you information about caring for seniors, help you understand how workers' compensation works, and on and on. If you're not utilizing this free online resource, you're missing out!

Book review: Fried Green Tomatoes at the Whistle Stop Cafe by Fannie Flagg

Ah, an oldie but such a goodie! Even if the 1991 movie adaptation of this novel is one of your favorites you've watched countless times, if you haven't read the original book on which it is based, in my humble opinion, you're seriously missing out! Although the movie is excellent, it doesn't hold a candle to the 1987 novel written by Fannie Flagg. Found family, southern charm, comforting nostalgia, laugh-out-loud humor and wit, edge-of-your-seat tension, slow-burn suspense, long-lasting love and devotion; what more could you want from a story? The eBook or audiobook can both be checked out on Libby!



Hello HC Residents,
 Let's talk about a cats memory.
 Cats can often remember their owners for a very long time, often for years, and in some cases, for their entire lifetime.
 Due to their excellent long-term memory and reliance on scent, cats often recognize familiar humans even after months or years of separation!
 They hold strong memories of people who provided food, comfort and positive interactions.
 A strong, positive bond ensures they remember you for a longer time, whereas negative experiences can lead to them remembering to avoid someone.
 This could be the reason you find cats at your home, they did not like where they lived and moved on...unlike dogs, cats will not take abuse, they move on to find happiness.
 While adult cats have excellent memory, kittens might not remember people for as long.
 Some people "just leave their cats" when they move, thinking they will just hunt for their food, and take care of themselves.
 While they can hunt, more than likely they are waiting on "that familiar face and voice" that once provided everything for them.
 Leaving your pet behind is one of the most cruel things a human could do.
 They do have feelings and they do miss you, and mourn after you.
 Please remember you are their guardian Angel in this life.
 It is a privilege to love and care for animals.
 God "pick's people to care for His creatures."
 When one shows up at your doorstep, remember, that animal may have "picked you."
 What an honor.
 God Bless Those that Care.

FBLA students earn top honors at regional competition

By Jennifer Wimmer

The Hancock County High School Future Business Leaders of America earned several top finishes at the 2026 Region 2 Spring Leadership Conference on Feb. 27 at Western Kentucky University.

Several students were recognized for outstanding performances across a range of professional skills and management categories.

FBLA advisor and HCHS Business and Marketing teacher Lori Beth Shultz Roberts said she is proud of each student's accomplishments and dedication.

The following members advanced to the state competition in April: Ella Powers, first in agribusiness; Payne Pence, second in computer problem solving; Carolina Jones, Malorie Tuell and Madyson Higdon, first in event planning; Rylann Kessans and Noah Johnson, first in graphic design; Keegan Harlan, first in personal finance; Jaedan Frankenberger and Tyce Boling, first in sales presentation; and Kessans, second in talent show.

Boling also was elected Region 2 vice president for the 2026-27 school year and will represent Hancock County as the Region 2 officer.

"This is such an honor to be voted by your peers, not only at our local high school, but throughout Region 2," Roberts said. "He has such an outgoing personality and is looking forward to being on the regional officer team."

Roberts said she is very proud of all the students and the hard work they put into preparing for the competition. She pointed out two types of events at the regional level: presentations and objective (computer) testing.

"The students who presented had to prepare well ahead of time and practice before the competition," she said. "If the students were taking an objective test, they studied the content in advance."

Roberts emphasized that FBLA offers much more than competition. Students, she said, learn networking, public speaking, self-initiative, organizational skills, study habits and presentation preparation. She added that FBLA is not a class, so all competition work is completed on the students' own time.

When asked her expectations for the state competition, Roberts said, "I would love for each group that is going to state to place in their respective test, but I just truly want them to build on their skills and learn from whatever avenue they are competing in."

She said that students also take part in training sessions at the state level, gaining valuable knowledge and experience that will benefit them long after high school.

"I think if you were to talk to any of my FBLA students, they would tell you that this experience has helped them grow in many areas," Roberts added.

The HCHS FBLA chapter continues to demonstrate leadership, teamwork and commitment to excellence as members prepare to compete at the state level this spring.



NEWS FROM
BOLING CHAPEL

By Elizabeth Harris
 Phone 270-233-4318

Mike Boling visited Janet Burk Saturday before last. Then they went to Louisville and met up with Debbie and Tim Johnson, Dennis Russ, Peggy Barringer, Diann and Dave Livingston and Keith and Amy Polston for a cousin and aunt supper at Longhorn restaurant.

Those who visited with Carlton and Elizabeth Harris week before last were Lisa Boling, Lainey Drury, Debbie Baker, Gary Baker, Ryleigh Baker, Mike Boling, Ray Harris, Peachie Edge and Mr. and Mrs. Logan Boling.

Special Heavenly Birthday Wishes go out to Ella Harris and Danny Boling on March 1st.

Tuesday Janet Burk, Wilma Burden, Rachel Dever and Janis Dever had lunch at the Diner at Fordsville to celebrate Wilma's birthday.

Little Reed Hagan celebrated his 3rd birthday and Nicholas Jackson celebrated his 17th birthday last Saturday. Those who helped them celebrate were Bobby and Peggy Jackson, Wendy Jackson, Debbie Jackson, John and Alisa Hagan, David and Kaili Jackson, Kim Jones, Greg and Lydia Jackson, Brennen and Charlotte, Aaron and Kirstie Hagan, Willow, Reed and Oliver.

Jeanine Russ and Savon and Dennis Russ visited Janet Burk Sunday.

Mark and Lisa Boling visited Saturday with Mitchell and Kelly Drury and Lainey at Vine Grove. They went to the park and had supper.

Debbie McManaway visited Paul Rusher Monday. John Anderson visited Ricky and Debbie Baker Sunday.

Lainey Drury spent last Wednesday through Sunday with Mark and Lisa Boling.

Kaili Jackson spent the weekend with Bobby and Peggy Jackson.

Happy Birthday wishes go out to Janet Burk, Brother Larry Sosh, Willie Hurst, Dennis Beatty, Kevin McManaway, Sandy Harding, Jessie Lee Morris and Kay Quisenberry.

Linda Boling spent Sunday with Suzanne Miller at the hospital in Madisonville. We are glad to report that Suzanne is doing better. She will be going to Hardisonville for rehabilitation in a few days.

On Tuesday Linda Boling and Marjorie Wilson had lunch at Ole South.

Larry Hickey spent Monday through Saturday with Linda Boling and is helping her move to One Park Place on Frederica Wednesday.

Donna Hickey visited Suzanne Miller Monday.

Visitors of NaDean Boling have been Shanda Boling, Colton and Hanson White, Jade and Gunner Hamilton, Devonna Edge, Peachie Edge, Clint and Megan Boling and Rebecca and Zayne Boling, Leyton and Chandler.

Melba Bell, Donna Shock, Betty Jackson and Linda Boling had lunch at El Camino Friday.

Mr. and Mrs. Bill Richards visited Steve and Sherry Corley at Lewisport Monday.

Sandy Richards visited Carol James at Owensboro Wednesday.

Mary Stout just returned home from the hospital. We send get well wishes to you, Mary.



From My Home
 To Yours
 By Debra Gaynor

I've lived in Hawesville most of my life. It's a small town with great potential and people are beginning to see that potential.

Jim and Allison Mayoros were looking for a new place to call home when they were driving through Hawesville, KY. They knew right away that this was where they wanted to live. Steve and I met them that day and it was instant friendship. We kept in touch by Messenger and Email. They found their home about a year later and have been residents of Hawesville for the last two years. Jim and Allison are parents to six children, 4 girls and 2 boys. Their daughters Maddie and Hannah live at home. They are grandparents to 3 children.

The St George natives are natural entrepreneurs. From RV Parks to Pirate Pizza to a waterpark, they are not afraid to think outside the box. Their latest endeavor is The Driftwood Grill located in the old Rosenblatt Building in Hawesville, KY on the corner of Main Street and Main Cross Street. Steve and I feel very fortunate to have assisted them by letting them feed us their practice menu on several occasions.

The food is delicious; the food is Fresh Mex and frankly, it's the best Mexican food I have ever had. The burritos are huge. The tacos are delicious. You can choose from sweet pork, honey garlic shrimp, grilled steak, grilled chicken, and slow cooked chicken. The tacos are outstanding (they have corn tortillas available on request) and Steve loves the burritos.

Also, on the menu you will find chips with your choice of queso, salsa or guacamole, salads, enchiladas, quesadilla and a protein bowl. There are several sides to choose from; top your burrito or enchilada with one of two sauces, the green sauce is mild while the red sauce has a bit of a bite to it and what would a Mexican restaurant be without salsa and Pico de Gallo.

The drinks are Coke products, tea, and Mexican Sodas. They didn't leave out your children; there is a Kids menu too. I forgot to mention the deserts Dippin' Dots and churros. The décor is outstanding. Jim chose a theme that feels right for a river town. The Grand Opening was February 25, 2026. Stop in and say hi to the owners and grab lunch or dinner while you are there.

I had never heard of Fresh Mex and had to do some research to define it. It does not taste like Tex Mex. Fresh Mex is what it sounds like, "fresh flavors, ingredients, and handcrafted foods made fresh from scratch every day."

Allison shared her family's favorite ice cream recipe with me and I will share it with you.

Homemade Raspberry Ice Cream
 3 cups sugar
 ½ pt. sour cream
 2 qts half & half
 juice 2 lemons
 2 bags frozen raspberries defrosted and mashed
 Mix it all together and follow your ice cream maker instructions.

Don't forget to turn clocks ahead March 8; tips to maintaining good sleep habits with the change

By Melissa Patrick
 Kentucky Health News

It's almost time to "spring forward" one hour into daylight saving time, which can take some adjusting to with the loss of an hour of sleep.

The best solution is to wake up 15 minutes earlier every day and gain exposure to daylight. Sunlight is the most effective gatekeeper for our circadian rhythms.

Sleep expert Dr. Sudha Tallavajhula, with the University of Texas Health Science Center at Houston, says in a UTHouston news release that while most people are able to handle the time change, it can be especially challenging for those who struggle to fall asleep.

Here are some of Tallavajhula's tips to adjust to the change:

If possible, move back your natural sleep schedule by 15 minutes each day in the week leading

up to daylight saving time. Even practicing this tip two to three days before the time change can be beneficial.

The best solution is to wake up 15 minutes earlier every day and gain exposure to daylight. Sunlight is the most effective gatekeeper for our circadian rhythms.

If you need more help adjusting, adults can use low-dose melatonin, between 3 and 5 milligrams.

Asked how much sleep adults and children need, Tallavajhula said, "The expert consensus is that most adults need about 7-9 hours of sleep. In children, there is variation depending on age. Teenagers may need 8-10 hours, younger school-age children 9-12 hours, and preschoolers 10-13 hours."

The American Academy of Sleep Medicine

also suggests that people adjust their other daily routines, such as meal-times, to match their new schedule before the time change and to set their clocks to the new time change on Saturday evening, and go to bed at their normal time.

Further, AASM has taken a position that daylight saving time should be eliminated because it doesn't align with humans' internal circadian rhythms and is associated with a long list of negative health impacts, including a surge of heart attacks, strokes and car crashes, to name a few.

"It is the position of the AASM that the U.S. should eliminate seasonal time changes in favor of permanent standard time, which aligns best with human circadian biology. Current

evidence supports the distinct benefits of standard time for health and safety, while also underscoring the potential harms that result from seasonal time changes to and from daylight saving time," according to the AASM website.

AASM adds that surveys show that the majority of U.S. adults support the elimination of seasonal time changes in favor of a national, fixed, year-round time.

Federal law allows individual states to exempt themselves from observing daylight saving time, and Kentucky has a bill to do that. However, House Bill 368, sponsored by Rep. Steven Doan, R-Erlanger, has not yet been heard by its assigned House State Government Committee.