

Report: Childhood trauma costs state nearly \$300M

BY SARAH LADD
KENTUCKY LANTERN

Adverse experiences in childhood and their lasting consequences cost Kentucky nearly \$300 million a year, a new report says.

Kentucky Youth Advocates and Bloom Kentucky, a KYA initiative focused on reducing childhood adversity, released an analysis, called “The Economic Impact of Adverse Childhood Experiences in Kentucky” that shows health care costs and loss of workforce participation as a result of childhood trauma comes with a \$295 million annual price tag.

The analysis is based on Behavioral Risk Factor Surveillance Survey data from 2015–20. At that time, 62% of Kentucky adults said they’d had at least one adverse childhood experience or ACE and 19% reported four or more.

ACEs are traumas or stressors in a person’s life before their 18th birthday. They include, but are not limited to, parental divorce, abuse, parental incarceration, substance use issues in the home and other instances. The more ACEs a person has, the more likely they are to have poor health, lower education and economic hardships.

When these stressors become chronic, it “has an impact on our physiology,” said Shannon Moody, Kentucky Youth Advocates’ chief officer of strategic initiatives.

The more ACEs a person has, the more likely they are to turn to unhealthy practices such as smoking, according to the Centers for Disease Control and Prevention. ACEs survivors also tend to report poorer mental health, might be unemployed and are more likely to have chronic health issues such as diabetes and cancer, according to the CDC.

“The ways that our body absorbs stress or deals with stress has an impact on our physiology as well as on our mental health,” Moody said. “When that stress goes unaddressed in our bodies, it starts to take a toll on how our bodies’ function.”

The result is sicker people


BAPTIST

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Comprehensive diagnostic services in the breast program at Baptist Health La Grange includes screening mam-mograms, diagnostic mam-mograms, ultrasounds for abnormal findings on a mammogram and biopsies. Patients can also be screened for high risk, to find out if they have an elevated lifetime risk of breast cancer and determine what protocols they need going forward. If a patient is diagnosed with breast cancer, Baptist Health La Grange offers specialized surgical services, to include breast reconstruction options, as well as oncology che-motherapy, immunotherapy and radiotherapy treatments.

Oldham County’s only hospital, Baptist Health La Grange is a 90-bed facility providing a broad spectrum of healthcare services to residents of Oldham, Henry, Trimble, Carroll, Shelby and eastern Jefferson counties.

Learn more at BaptistHealth.com/ LaGrange. Visit facs.org/quality-pro-grams/napbc for more information about the National Accreditation Program for Breast Centers.



LEGAL NOTICE

PUBLIC NOTICE

An ordinance amending the Trimble County budget for Fiscal Year 2024/2025 to include unanticipated receipts from various sources in the amount of \$129,732.08 and increasing expenditures in the areas o the General and Jail funds was adopted on June 16, 2025. A copy of the adopted ordinance with full text is available for public inspection at the Office of the County Judge/Executive during normal business hours.

who might not be able to work and contribute to the economy.

“If we don’t invest in making sure that kids can overcome the adversity that they are (facing) — or maybe prevent it if it is preventable — we’re going to end up absorbing the costs through our state budget,” Moody said.

WHAT’S IN THE REPORT?

According to the analysis:

- The most common type of ACEs in Kentucky is divorce with 32% of adults reporting they lived through their parents splitting when they were children. A close second, 31% of adults reported there were substance abuse issues in their childhood home.

- ACEs cost Kentucky — both in medical spending and in lost income when people cannot work — nearly \$300 million each year. Among these, smoking costs more than \$107 million each year in lost wages.

- Depression costs the state the most in treatment expenses at \$728,000 annually.

- Kentucky has higher expenses per person in treating ACEs than most of its neighboring states.

- People with at least one ACE are more likely to be unable to work or be out of work.

- Non-white Kentuckians are more likely to have experienced ACEs than their white counterparts. Multiracial Kentuckians have the highest rates of ACEs.

“Given how common ACEs are in Kentucky, organizations, agencies and decisionmakers

must take trauma into account when working to strengthen communities,” the report says. “Understanding the widespread impact of trauma begins with learning both its effects and the potential pathways to healing.”

That includes creating better access to quality child care, Moody said, and creating a state child tax credit. Combating poverty, which affects 20% of Kentucky’s children and for many means they don’t have reliable sources of nutritious food, is key as well.

She also stressed the importance of positive childhood experiences (PCEs), which can balance children’s adverse experiences. PCEs can include feeling supported by friends, having adults who care, the ability to talk with family members about feelings and more.

“Even if a child is experiencing adversity, even if they have an ACE score of 7, or they have had just a really

tough environment in which they were raised, we can counterbalance those adversities with positive childhood experiences,” Moody said.

WHY NOW?

The report is coming out now, Moody said, because work on the 2026 state budget is beginning and because proposed federal funding cuts to safety net programs such as Medicaid and SNAP put people at risk of more instability and more adverse childhood experiences.

The report is a call to action, she said, to invest in child wellbeing and prevent ACEs.


“We need to get an understanding among all of our decision makers as far as what the implications of childhood adversity mean for our bottom line,” Moody said, “and for the investments that they’re making right now on behalf of kids.”



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**Holidays advance deadline by 24 hours.*



LEGAL NOTICE

Public Notice Regarding Confidentiality and Child Find for Children with Disabilities in Need of Special Education, or 504 Services, or Preschool Services

In accordance with the Family Education Rights and Privacy Act, written policies and procedures have been developed which describe the Carroll County School District (CCSD) requirements regarding the confidentiality of personally identifiable information and Child Find activities. There are copies of these procedures in the Principal’s office of each school, and in the Board of Education office. Copies of these Policies and Procedures may be obtained by contacting the Principal or the Director of Special Education. Stated in this notice is a summary of your rights under the Act. These rights are passed on to the student at age eighteen. For the purpose of this notice, the student 18 years or older, will be referred to as the “eligible” student (who is age 18 or who is attending a post-secondary institution). Parents, guardians, and eligible students may review and inspect all education records relating to that student by making a request to the Principal of the school where that student attends. The CCSD will presume that the parents have the authority to review and inspect records relating to their child unless the district has been advised in writing that the parent does not have legal authority under applicable state law governing such matters as guardianship, separation, and divorce.

The CCSD obtains written consent from a parent or eligible student before disclosing personally identifiable information to an entity or individual not authorized to receive it under FERPA. Personally identifiable information is not released to another party unless there is written authorization from the parent or eligible student or there is a “Legitimate Educational Interest” as defined in the policies and procedures for confidentiality. A current list of employees’ names and positions who have access to personally identifiable information is on file in each school. The CCSD has described in their policies and procedures the conditions under which personally identifiable information is released to another person without written parental consent. Any parent or guardian of a student, or any eligible student may challenge the content or accuracy of any material or entries in the student’s educational records on the grounds that it is inaccurate, misleading, or otherwise in violation of the privacy or other rights of the student. Requests to amend the records are submitted in writing to the Principal of your child’s school.

“Directory Information” is information contained in an educational record which would not generally be considered harmful or an invasion of privacy if disclosed. This information may be released to organizations and agencies whose need for data is connected with student help activities. The parent, guardian, or eligible student currently enrolled may request that all or part of the directory information be withheld. The request must be in writing to the Principal of your child’s school within 30 calendar days after this notification has been distributed. The written request must specifically state what information may not be classified as directory information.

In accordance with federal regulation concerning the release or transfer of education records, it is the policy of this school district to forward education records on request to a school in which a student seeks or intends to enroll. Parents may obtain upon request a copy of the records transferred. The CCSD keeps child and youth records in a secure computer system and files in each school and in a centralized location.

For students who have been determined eligible for Special Education, educational records, will be destroyed at the request of the parents when they are no longer needed to provide educational programs or services. The CCSD may destroy the educational records of a child without parent request three years after they are no longer needed to provide educational programs or services. Parents are advised that data contained in the records may later be needed for Social Security benefits or other purposes. The CCSD may retain, for an indefinite period of time, a record of the student’s name, address, telephone number, grades, attendance records, classes attended, grade level completed, and year completed.

Child Find for Students with Disabilities Under Individuals with Disabilities Act, Section 504 of the Rehabilitation Act, and Preschool

The Carroll County School District (CCSD) has an ongoing Child Find system, which is designed to locate, identify and evaluate any child residing in a home, facility, or residence within its geographical boundaries, age three (3) to twenty-one (21) years, who may have a disability and be in need of Special Education or 504 services. This includes children who are not in school; those who are in public, private, or home school; those who are highly mobile such as children who are migrant or homeless; and those who are advancing from grade to grade, who may need but are not receiving Special Education or 504 services. The CCSD will make sure any child enrolled in its district who qualifies for Special Education or 504 services, regardless of how severe the disability, is provided appropriate Special Education or 504 services at no cost to the parents of the child.

Parents, relatives, public and private agencies, and concerned citizens are urged to help the CCSD find any child who may have a disability and needs Special Education or 504 services. The District needs to know the name and age, or date of birth of the child; the name, address, and phone number(s) of the parents or guardian; the possible disability; and other information to determine if Special Education or 504 services are needed. Letters and phone calls are some of the ways the CCSD collects the information needed. The information the school district collects will be used to contact the parents of the child and find out if the child needs to be evaluated or referred for Special Education or 504 services. Children eligible for Special Education include those children with disabilities who have autism, deaf-blindness, developmental delay, emotional-behavior disability, hearing impairment, mental disability, multiple disabilities, orthopedic impairment, other health impairment, specific learning disability, speech or language impairment, traumatic brain injury, or visual impairment and who because of such an impairment need Special Education services. Children eligible for 504 services include those children in a public elementary and secondary education program who have a current physical or mental impairment that currently substantially limits some major life activity which causes the student’s ability to access the school environment or school activities to be substantially limited.

Children eligible for the State-Funded Preschool program include three- and four-year old children identified with disabilities and four-year old children who are at-risk, as defined by federal poverty levels up to 150%. Preschool children eligible for Special Education must have an Individual Education Plan (IEP) instead of a 504 plan to receive State-Funded Preschool program services.

Child Find activities will continue throughout the school year. As part of these efforts the CCSD will use screening information, student records, and basic assessment information it collects on all children in the District to help locate those children who have a disability and need Special Education or 504 services. Any information the District collects through Child Find is maintained confidentially.

The CCSD provides a public notice in the native language or other mode of communication of the various populations in the geographical boundaries of the District to the extent feasible. If you know of a child who lives within the boundaries of the CCSD who may have a disability, and may need but is not receiving Special Education or 504 services, please call or send the information to the District’s Director of Special Education/504 Coordinator. If you know of a child who attends a private or home school within the boundaries of CCSD, who may have a disability, and may need but is not receiving Special Education services, please call or send information to the Director of Special Education. If you know of someone who may need this notice translated to another language, given orally, or delivered in some other manner or mode of communication, please contact the CCSD Director of Pupil Personnel or the Director of Special Education/Section 504 Coordinator. You may contact either of these individuals at 502-732-7070. The hours for the Carroll County Board of Education are 8 a.m. to 4 p.m. and the office is located at 813 Hawkins St, Carrollton, Ky.

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LEGAL NOTICE

**CITY OF BEDFORD, KENTUCKY
ORDINANCE NO. 5, SERIES 2025**

AN ORDINANCE ADOPTING THE CITY OF BEDFORD ANNUAL BUDGET FOR THE FISCAL YEAR JULY 1, 2025 THROUGH JUNE 30, 2026, AKING APPROPRIATIONS FOR THE FISCAL YEAR PURSUANT TO KRS 91A.030.

WHEREAS pursuant to KRS 91A.030, the City of Bedford is required to adopt a budget for the fiscal year based on the anticipated revenues to be received and defining and appropriating the necessary funds for the expenditure of monies during the said fiscal year, and follows: NOW, THEREFORE, be it ordained by the City of Bedford as follows:

That the annual budget for the fiscal year July 1, 2025 through June 30, 2026 is hereby adopted as follows:

GENERAL FUND	
REVENUES	
PRIOR YEAR SURPLUS	\$ 40,766.49
REAL PROPERTY TAX	\$ 43,000.00
INSURANCE PREMIUM TAXES	\$ 211,000.00
FRANCHISE FEES	
FRANCHISE TAXES	\$18,500.00
MISCELLANEOUS	\$2,000.00
INTEREST	\$500.00
BUSINESS LICENSE FEES	\$500.00
PERSONAL PROPERTY TAXES	\$4,500.00
BANK DEPOSIT TAXES	\$750.00
COMMUNITY CENTER RENTAL	\$2,000.00
CD34355	\$60,969.77
TOTAL REVENUES	\$384,486.26
EXPENDITURES	
COMMISSION SALARIES	\$21,100.00
COMMISSION PAYROLL TAXES	\$3,500.00
COMMISSION RETIREMENT	\$3,500.00
EMPLOYEE SALARIES	\$58,000.00
EMPLOYEE PAYROLL TAXES	\$4,200.00
EMPLOYEE RETIREMENT	\$7,500.00
FEDERAL UNEMPLOYMENT	\$500.00
HEALTH INSURANCE PREMIUMS	\$15,000.00
ATTORNEY RETAINER & FEES	\$12,000.00
UTILITIES	\$40,000.00
OFFICE EXPENSES/SUPPLIES	\$5,000.00
INSURANCE	\$25,000.00
BEDFORD VOLUNTEER FIRE DEPT.	\$17,000.00
AUDIT	\$25,000.00
REVENUES	
PRIOR YEAR SURPLUS	\$18,091.47
ANNUAL CONTRIBUTION	\$5,200.00
INTEREST	
TOTAL REVENUES	\$23,291.47
EXPENDITURES	
	\$0
TOTAL EXPENDITURES	\$0
NET INCOME	\$23,291.47
(CASH BALANCE AT END OF FISCAL YEAR)	
ABC FUND	
REVENUES	
PRIOR YEAR SURPLUS	\$11,185.87
ABC TAX & LICENSE	\$8,000.00
TOTAL REVENUES	\$19,185.87
EXPENDITURES	
OFFICER'S SALARY	\$4,500.00
TOTAL EXPENDITURES	\$4,500.00
NET INCOME	
(CASH BALANCE AT END OF FISCAL YEAR)	\$14,685.87
ARPA FUND	
REVENUES	
PRIOR YEAR SURPLUS	\$230.56
GENERAL REVENUES	\$0
TOTAL REVENUES	\$230.56
TOTAL REVENUES	\$21,623.94
EXPENDITURES	
REPAIRS/MAINTENANCE	\$2,000.00
SALT	\$2,000.00
PAVING	\$1,500.00
TOTAL EXPENDITURES	\$5,500.00
NET INCOME	
(CASH BALANCE AT END OF FISCAL YEAR)	\$16,123.94
WASTEWATER DEPARTMENT MAINTENANCE FUND	
REVENUES	
PRIOR YEAR SURPLUS	\$33,000.00
CHARGES FOR WASTEWATER SERVICES	\$208,000.00
LATE FEES	\$12,000.00
TAP FEES	\$2,000.00
RECONNECTION CHARGES	\$1500.00
INTEREST INCOME	\$500.00
MISC. INCOME	\$2,000.00
DEPOSITS	\$1,000.00
RETURNED CHECK FEES	\$1,000.00
TOTAL REVENUES	\$261,000.00
EXPENDITURES	
SALARIES	\$85,000.00
PAYROLL TAXES	\$8,000.00
RETIREMENT	\$18,000.00
UTILITIES	\$24,000.00
OUTSIDE SERVICES	\$4,000.00
SAMPLES/TESTING	\$36,000.00
MAINTENANCE & REPAIRS	\$12,000.00
CHEMICALS	\$16,000.00
SUPPLIES	\$10,000.00
OFFICE EXPENSES	\$1,000.00
EQUIPMENT PURCHASES/LEASE	\$2,000.00
MISCELLANEOUS EXPENSE	\$500.00
TRAINING	\$1,000.00
POSTAGE	\$2,900.00
ADVERTISING	\$1,000.00
TELEPHONES/INTERNET	\$2,500.00
BANK CHARGES	\$1,500.00
DEPOSIT REFUNDS	\$1,000.00
That this Ordinance take effect from and after its enactment and approval.	
Introduced and given first reading on 6/17/2005	
Given second reading on 6/20/25.	
Approved:	
Joe Robinson, Mayor	
Commissioners voting for:	
Chris Jennings Aye	
Angie Robinson Aye	
Hilda Parrish Aye	
Todd Pollock Absent	
Commissioners voting against:	
Attest:	
Leeann Mitchell, City Clerk	