

# PUBLIC NOTICES

## NOTICES

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-143  
In re:  
the estate of:  
ANTHONY LEO SCOTT  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is  
hereby given that Jenny  
Scott was on the 7 day  
of May, 2025 appointed  
Administratrix of the de-  
ceased, late of Letcher  
County, and all persons  
having claims against  
said estate shall present  
same, verified, accord-  
ing to law, to said Admin-  
istratrix at her present  
address, 3404 HWY  
931 South, Whitesburg,  
KY 41858, not later than  
the 7 day of November,  
2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-92  
In re:  
the estate of:  
LINDA LOU BEVINS  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Kendrick  
Bevins was on the 7  
day of May, 2025 ap-  
pointed Administrator  
of the deceased, late of  
Letcher County, and all  
persons having claims  
against said estate shall  
present same, verified,  
according to law, to said  
Administrator at his  
present address, 439  
Morgan Lane, Jackhorn,  
KY 41825 not later than  
the 7 day of November,

## PUBLIC NOTICE OF BLASTING SCHEDULE

Application Number: 867-0553

In accordance with Federal Regulations, 30 CFR 715.19, and State Regulation, 405 KAR 16:120, Section 3, Public Notice of Blasting Schedule, Mark Energy, LLC, 75 Isom Plaza, Jeremiah, KY 41826, Phone: (606) 536-9929, shall conduct blasting operations on its permit located in Letcher County approximately 3.02 miles southeast of Oven Fork, KY and 2.80 miles southeast from US 119's junction with KY 806. The latitude is 370 03' 04". The longitude is 820 47' 30".

These blasting operations are on-going and will be conducted Monday through Saturday from sunrise to sunset.

Control of blasting area will be maintained by blocking public roads Mark Energy, LLC Access Haulroad "A" to the area 10 minutes prior to the blast. Post detonation access to the blasting area will be allowed only after an inspection determines that no hazards exist. The following is a list of the blasting signals.

WARNING SIGNAL - A one (1) minute series of long blasts from a siren five (5) minutes prior to the blast signal.

BLAST SIGNAL - A series of short blasts from a siren one (1) minute prior to the shot.

ALL CLEAR SIGNAL - A prolonged blast from a siren following the inspection of the blast area. These blast signals will be audible within 1/2 mile of the point of blast.

Blasting may be conducted at times different from those announced in the blasting schedule when emergency situations arise where rain, lightning or other atmospheric conditions or the safety of the operation or the public requires unscheduled detonation. In the event of an emergency situation should arise, the aforementioned precautions will be followed. Contact the Hazard Regional Office at 556 Village Lane, Hazard, KY 41702, (606)-487-3700.

**PUBLIC NOTICE**

Second reading of a proposed ordinance amending the Letcher County Budget for Fiscal Year 2024/2025 to include unanticipated receipts from Federal Grants in the amount of \$500,000.00 increasing expenditures in the area of the Jail Fund in the amount of \$500,000.00; will be held at the Letcher County Fiscal Court Meeting on Monday, May 19, 2025, at 10 am, in the District Courtroom of the Letcher County Courthouse, 156 Main Street, Whitesburg, Kentucky. A copy of the proposed ordinance with full text is available for public inspection at the Office of County Judge/Executive Terry Adams, Letcher County Courthouse, 156 Main Street, Suite 107, Whitesburg, Kentucky 41858, during normal business hours.

Budget Amendment No. 2  
FY 2024/2025

**Cooperative  
Extension Service**

**4-H EXTENSION ASSISTANT  
LETCHER COUNTY**  
**RE49535**  
  
Deadline: **05/25/2025**  
  
Apply online at:  
[https://ukjobs.uky.edu/  
postings/574781](https://ukjobs.uky.edu/postings/574781) For  
assistance call:  
**606-633-2362**  
  
The University of Kentucky is an Equal  
Opportunity Employer. The address of  
the Martin-Gatton College of  
Agriculture, Food and Environment EEO  
Officer is Room S-105 Agricultural  
Science Building North, University of  
Kentucky, Lexington, KY 40546-0091

## NOTICES

2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-94  
In re:  
the estate of:  
SALLY CAUDILL  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Veronica  
Sexton was on the 7 day  
of May, 2025 appointed  
Administratrix of the de-  
ceased, late of Letcher  
County, and all persons  
having claims against  
said estate shall present  
same, verified, accord-  
ing to law, to said Admin-  
istratrix at her present  
address, 936 6th Ave.,  
Cumberland, KY 40823,  
not later than the 7 day  
of November, 2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-98  
In re:  
the estate of:  
SHELLY LYNN BLAIR  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Brian  
Bailey was on the 7 day  
of May, 2025 ap-  
pointed Administrator  
of the deceased, late of  
Letcher County, and all  
persons having claims  
against said estate shall  
present same, verified,

## NOTICES

according to law, to  
said Administrator at his  
present address, 53 Log  
Cabin Drive, Mayking,  
KY 41837 not later than  
the 7 day of November,  
2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-100  
In re:  
the estate of:  
SALLY CAUDILL  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Sam Webb  
was on the 7 day of May,  
2025 appointed Admin-  
istrator of the deceased,  
late of Letcher County,  
and all persons having  
claims against said es-  
tate shall present same,  
verified, according to  
law, to said Administra-  
tor at his present ad-  
dress, 44 Willow Drive,  
Mayking, KY 41837 not  
later than the 7 day of  
November, 2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-105  
In re:  
the estate of:  
MARK ANTHONY  
SEXTON  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Katherine

## PUBLIC NOTICE OF BLASTING SCHEDULE

Application Number: 867-5390

In accordance with Federal Regulations, 30 CFR 715.19, and State Regulation, 405 KAR 16:120, Section 3, Public Notice of Blasting Schedule, Mark Energy, LLC, 75 Isom Plaza, Jeremiah, KY 41826, Phone: (606) 471-0465, shall conduct blasting operations on its 179.44-acre permit located in Letcher County approximately 1.9 miles south of KY1103 on Defeated Creek Road (CR-1265) near Linefork, KY. The latitude is 370 01' 42". The longitude is 830 00' 01".

These blasting operations are on-going and will be conducted Monday through Saturday from sunrise to sunset.

Control of the blasting area will be maintained by blocking Haul Roads and access roads to the area 10 minutes prior to the blast. Post detonation access to the blasting area will be allowed only after an inspection determines that no hazards exist. The following is a list of the blasting signals.

WARNING SIGNAL - A one (1) minute series of long blasts from a siren five (5) minutes prior to the blast signal.

BLAST SIGNAL - A series of short blasts from a siren one (1) minute prior to the shot.

ALL CLEAR SIGNAL - A prolonged blast from a siren following the inspection of the blast area. These blast signals will be audible within 1/2 mile of the point of blast.

Blasting may be conducted at times different from those announced in the blasting schedule when emergency situations arise where rain, lightning or other atmospheric conditions or the safety of the operation or the public requires unscheduled detonation. In the event of an emergency situation should arise, the aforementioned precautions will be followed. Contact the Hazard Regional Office at 556 Village Lane, Hazard, KY 41702, (606)-487-3700.

**PUBLIC NOTICE**

**BUDGET HEARING REGARDING  
PROPOSED USE OF COUNTY ROAD AID  
(CRA) AND  
LOCAL GOVERNMENT ECONOMIC  
ASSISTANCE (LGEA) FUNDS**

A public hearing will be held by the Letcher County Fiscal Court at the Letcher County Courthouse, District Courtroom, 156 Main Street, Whitesburg, KY 41858, on Monday, May 19, 2024 at 10:00 a.m. for the purpose of obtaining citizens comments regarding the possible uses of the County Road Aid (CRA) and Local Government Economic Assistance (LGEA) Funds. All interested persons in Letcher County are invited to the hearing to submit verbal or written comments on possible uses of the CRA and LGEA Funds. Any person(s) who cannot submit written comments or attend the public hearing but wish to submit comments, should call the Office of Terry Adams, Letcher County Judge/Executive, 606-633-2129 by Monday, May 19, 2025, at 10 a.m. so arrangements can be made to secure their comments.

**Subscribe online.**  
**www.themountaineagle.com**  
**or www.itscreams.com**



PRINT, ONLINE OR BOTH

**It's easy to subscribe or  
renew subscriptions online.**

## NOTICES

Sexton was on the 7 day  
of May, 2025 appointed  
Administratrix of the de-  
ceased, late of Letcher  
County, and all persons  
having claims against  
said estate shall present  
same, verified, accord-  
ing to law, to said Admin-  
istratrix at her present  
address, PO Box 412,  
Whitesburg, KY 41858  
not later than the 7 day  
of November, 2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

NOTICE  
Commonwealth of  
Kentucky  
Letcher District Court  
Case #25-P-76  
In re:  
the estate of:  
VICTORIA HUBBARD  
deceased

NOTICE  
Pursuant to KRS  
424.340, notice is here-  
by given that Peggy S.  
Jones, Rosetta Mullins,  
and Violet Sturgill were  
on the 30 day of April,  
2025 appointed Co-  
Administratrixes of the  
estate of the deceased,  
late of this county, and  
all persons having claims  
against said estate shall  
present same, verified,  
according to law, to said  
Co-Administratrixes at  
their present addresses,  
87 Iris Hill, Blackey, KY  
41804, Rosetta Mullins,  
7912 HWY 7 South,  
Blackey, KY 41804, and  
Violet Sturgill, 50 Roger  
St., Blackey, KY 41804,  
not later than the 30 day  
of October, 2025.  
Mike Watts, Clerk  
By: Melissa Claar  
Deputy Clerk  
(5-14-1p)

# People that live with Alpha-Gal Syndrome may still lead normal lives

By **NANETTE BANKS**  
CEA for Family & Consumer Sciences

Ticks are bad news in general, but the lone star tick brings an extra problem: it can leave behind a sugar molecule called alpha-gal that may flip a person's immune system against red meat and other products that come from mammals.

Evidence points squarely at this one species; so far, no other tick in Kentucky has been linked to the syndrome. When the tick feeds on wildlife, alpha-gal can build up in its saliva. During a bite, that sugar slips into a person's bloodstream. Because humans don't make alpha-gal, the body considers it a "threat." After that, beef, pork, lamb — anything from a mammal — can trigger the same immune response, even hours after a meal.

Reactions aren't guaranteed. Some bites never cause trouble, and larval "seed ticks" seem less risky than the larger nymphs and adults. Still, Kentucky sits near the top of the national charts for confirmed cases, so prevention and practical know-how matter.

If a doctor pins down the diagnosis, the first rule is avoidance. Red meat is obvious, but alpha-gal lurks in gravies, gelatin, glycerin, certain pill coatings, a few vaccines, and even animal-derived heart valves. Dairy may or may not set someone off; it varies. Reading labels becomes routine, especially for ingredients like gelatin,

glycerin, magnesium stearate, or bovine extract.

However, dropping mammal meat and avoiding other triggers doesn't leave a person with limited food options, especially high-protein foods. Poultry, fish, shellfish, eggs, beans, lentils, nuts and seeds can all stay on the menu. For example, ground turkey can fill in for hamburger, and plant-based butter can replace the real thing when baking. It may seem frustrating, but to some, sharing their time, practice and exploring new foods is helpful when making big changes to the diet. Those shifting toward a mostly plant-based diet may need a supplement for nutrients such as vitamin B12 or iron — just confirm any capsule is free of gelatin and talk to your health-care provider or pharmacist.

Avoiding fresh bites helps, too. Lone star ticks favor brushy edges and overgrown paths from spring through

late summer. Long pants, permethrin-treated clothing, and repellents like DEET or picaridin lower the odds. After time outdoors, inspect yourself, kids, and pets carefully and remove any ticks with fine-tipped tweezers.

Unfortunately, there is currently no medication to erase the allergy once it sets in, but with steady precautions — reading every label, asking about hidden ingredients, staying vigilant about ticks — people can manage daily life, travel, and social events without constant flare-ups.

For more detailed guidance on living with alpha-gal syndrome, see the University of Kentucky's publication at <https://publications.ca.uky.edu/sites/publications.ca.uky.edu/files/FCS3646.pdf>.

Contact your local Letcher County Extension office for more information on alpha-gal and red meat allergies.

**SOUTHERN STEEL**  
**IRON & METAL RECYCLING**  
**606-633-4110**  
**TURN YOUR SCRAP  
METAL INTO CASH!**  
**WE OFFER OUR CUSTOMERS THE  
BEST PRICES IN THE BUSINESS!**  
**COME BY TODAY AND ENTER YOUR CHANCE  
TO WIN OUR MONTHLY CASH GIVEAWAY**  
**1-606-265-5201**  
**201**  
**Speedway**  
**PAINTSVILLE, KY**

## PUBLIC NOTICE OF BLASTING SCHEDULE

Application Number: 867-5377

In accordance with Federal Regulations, 30 CFR 715.19, and State Regulation, 405 KAR 16:120, Section 3, Public Notice of Blasting Schedule, Mark Energy, LLC, 75 Isom Plaza, Jeremiah, KY 41826, Phone: (606) 536-9929, shall conduct blasting operations on its permit located in Letcher County approximately 3.03 miles southeast of Oven Fork, KY and 2.79 miles southeast from US 119's junction with KY 806. The latitude is 370 01' 10". The longitude is 820 47' 30".

These blasting operations are on-going and will be conducted Monday through Saturday from sunrise to sunset.

Control of blasting area will be maintained by blocking public roads KY 806, Scotia Mine Road, Twin Creek Drive, Trace Fork Road and the Eolia County Road (as indicated on Google Maps) and access roads to the area 10 minutes prior to the blast. Post detonation access to the blasting area will be allowed only after an inspection determines that no hazards exist. The following is a list of the blasting signals.

WARNING SIGNAL - A one (1) minute series of long blasts from a siren five (5) minutes prior to the blast signal.

BLAST SIGNAL - A series of short blasts from a siren one (1) minute prior to the shot.

ALL CLEAR SIGNAL - A prolonged blast from a siren following the inspection of the blast area. These blast signals will be audible within 1/2 mile of the point of blast.

Blasting may be conducted at times different from those announced in the blasting schedule when emergency situations arise where rain, lightning or other atmospheric conditions or the safety of

the operation or the public requires unscheduled detonation. In the event of an emergency situation should arise, the aforementioned precautions will be followed. Contact the Hazard Regional Office at 556 Village Lane, Hazard, KY 41702, (606)-487-3700.

## NOTICE OF INTENTION TO MINE

Pursuant to Application Number 867-0552  
Amendment 4

In accordance with KRS 350.070, notice is hereby given that Nally & Hamilton Enterprises, Inc., 109 South Fourth Street, Bardstown, KY 40004, has applied for an amendment to an existing surface coal mining and reclamation operation located approximately 1.4 miles east of Eolia in Letcher County. The amendment will add 29.11 acres of surface disturbance, delete 36.55 acres of undisturbed surface area making a total area of 635.23 acres within the amended permit boundary.

The proposed amendment area is approximately 3.5 miles east of the junction of US 119 and State Route 932 along the Poor Fork of the Cumberland River. The latitude is 37° 04' 04". The longitude is 82° 44' 57".

The proposed amendment is located on the Flat Gap and Whitesburg U.S.G.S. 7-1/2 minute quadrangle maps. The surface area to be disturbed by the amendment is owned by ACIN, LLC. The operation will use the surface contour, auger and/or highwall mining methods of surface mining.

The application has been filed for public inspection at the Department for Surface Mining, Reclamation and Enforcement's Hazard Regional Office, 556 Village Lane, P.O. Box 851, Hazard, KY 41702. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, 300 Sower Boulevard, Frankfort, Kentucky 40601.

**RATES**

20 words or less  
**\$8.00** a week  
10 cents for every  
word over 20  
**Deadline**  
**12 noon on Friday**  
**Call (606) 633-2252**

**We Accept:**  
  
  


# Classified Advertising

## FOR RENT

FOR RENT — 1-, 2-, AND 3-bedroom apartments beside Croucher Service Center. For more information call 606-633-9930, 8 a.m. to 4 p.m., Monday thru Friday. References required. (3-23-ufnb)

2-BEDROOM APT FOR RENT — At Isom. \$650/month, first/last and deposit due up front. No smoking, no pets. Must be drug-free. Reference required. 606-633-4110. (7-3-ufnb)

## HEALTH

DENTAL INSURANCE — Call Physicians Mutual Insurance Co. for details. Not just a discount plan, real coverage for 350 procedures. 877-231-9398, or <http://www.dental50plus.com/mtn>. Ad# 6118. (4-5-ufn)

CHRONIC PAIN? — Call us to see if your private insurer covers a TENS Unit. Why not relieve your pain at home? Comfort. Convenience. Complete Medical Solutions. Call 1-866-456-1118. (4-5-ufn)

## Read And Respond To Mountain Eagle Ads!

## MISCELLANEOUS

SOCIAL SECURITY DISABILITY BENEFITS — Unable to work? Denied benefits? We can help! Win or pay nothing! Contact Bill Gordon & Associates at 1-855-849-6780 to start your application today! (4-5-ufn)

ACORN STAIRLIFTS — The affordable solution to your stairs! Limited time — \$250 off your Stairlift purchase! Buy direct and save. Please call 1-844-836-7871 for Free DVD and brochure. (4-5-ufn)

THINKING OF BUYING A NEW — Or used car? Call to get current promotional pricing and local dealer incentives for free. No hassle. No obligation. Call 888-510-6402. (4-5-ufn)

HAVE 10K IN DEBT? — National Debt Relief is rated A- Plus with the BBB. You could be debt free in 24-48 months. Call 1-888-203-8999 now for a free debt evaluation. (4-5-ufn)

## MISCELLANEOUS

SWITCH TO DIRECTV — Lock in 2-year price guarantee (\$50/month) with AT&T Wireless. Over 145 channels, plus popular movie networks for three months, no cost! Call 1-844-801-9924. (4-5-ufn)

## REAL ESTATE

HOUSE FOR SALE — 4 one-bedroom apartments or convert to 15-room house. Unfinished basement, Amana PTAC heat pumps, built-in electric fireplace, large yard, stone fence, watch the sun rise over Pine Mountain and set over Fields Cliff from covered porches. Quiet neighborhood, but walk to entertainment, festivals, library, courthouse. \$165,000. Call (606) 335-4244, leave message. (7-3-ufn)

LAND FOR SALE NEAR WISE, VA — 14 acres with 474 feet of highway frontage, 10 minutes from Wise. Public water and electric on property. Lots of hardwood timber. Excellent house/mobile home site. Call 276-328-6660. Priced at \$44,900. (4-30-4pc)

## REAL ESTATE

1350 SQ FT HOME — 3 bedrooms, 1.5 baths, Living room and den area. Covered concrete porch at main entrance and covered patio at den which has ramp accessibility. Full concrete basement with 1 interior and 1 exterior entrance. Two-car carport, large backyard, within Whitesburg city limits. Close amenities such as MCHC, banks, Food City, pharmacy and more. Contact me 606-634-8420.

## SERVICES

TREE TRIMMING — OR REMOVAL. 35 years' experience. Free estimates. Fully insured. Also, pressure washing available. 606-785-5128, or 606-497-6918, or 606-785-9377.

MONROE'S ELECTRIC — CERTIFIED ELECTRICIAN. Any electrical or household need. 606-634-2048.

CAREGIVER AVAILABLE — For elderly or disabled, in their home. Light housekeeping. Flexible hours. 20+ years experience. 270-566-2232, or 812-399-2529.