Families and friends

Bear seen walking down street in Appalachia, Va.

By MARTHA WENNING

Hello everyone – I am porch sitting as I type this column. Gorgeous day and wonderful way to spend the afternoon. CAT is on the porch with me but I'm not sure where he went. He tries to stay on the other side when I'm on 'my side'.

The Feel Better List follows. Please send a prayer or positive thought for those listed. Thank you.

Linda Brown; Linda Combs; Cassel Boggs; Opal Boggs; Christine Gatton; Bob Gatton; Donald Banks; Midge Banks; Jeff Wenning; Sherrie Brown; Sue Banks; Mindy Dreffer; Freda Gross; Rebecca Henemyre; Lucas Reed; Ed Honeycutt; Deana Pack; Kelsey Day; Kenny Harvey; Sue Harvey; Betty Hamilton; Woodrow Fields; Minerva Yonts; Kenny Banks; Tonia Banks; Raymond Thomas; Joyce Thomas; Robert Sword; Brandon Robinson; Ron Lester; Barry Miles; Ruby Adams; Connie Sams; Earlena Fields Hume; Jessica Stapleton; Shannon Conley; Rose Ballard; Pam Gutshall; Brian Baker; Roger Sturgill; Kathy LaMonte; Tim Caudill; Tina Wenning; Betty Palmer; Helen Roberts; Johnny Napier; Patsy Adams; Teresa Hylton; those in the nursing homes and hospitals; and the caregivers.

Cowan

The following is the May birthday list. HAPPY BIRTHDAY TO ALL.

May 1 – Emily Kate Butler; Brent Bradford; Mark Miles; May 2 – Joe Brown; Candi Huffman; Judy Sigrest Allen; May 3 – Charlie Sams; Bennett Welch; Easton Mefford; Becki Watkins; May 4 – Cara Hodge; Eli Gordan; May 6 – Michael Marr; May 7 – Krista Freeman; Sherrie Brown; Curtis Wenning; Robert Caudill; May 9 – Brie Decker; May 10 – Rusty Akers; Celeste Wenning; May 11 – Hannah Brown; May 12 – Martha Watts; James Fullenkamp; May 14 – Shane McDougal; Callie Akers; May 17 – Kevin Day; Clay Banks; May 18 – Helen Scott Tolliver; Tina Wenning; May 19 – Wes Yonts; Derek Fullenkamp; Stuart Sigrest; Pat Anderson; May 24 – Earlena Fields Hume; May 25 – Gail Brewster; May 26 – Shannon McFarlin; May 27 – Rose Ballard; May 28 – Brad Wenning; Andrew Walker; May 29 – Doug Caudill; May 30 – Amie Daniels

I want to wish my sister Susan Ware a Happy Birthday today, April 30.

Patsy Adams sends a Happy Birthday wish to Amanda Freeman on April 20.

Laura Bates of Cowan sends Happy Birthday wishes to her mother-in-law Clara Adams. Clara Adams celebrated her 90th birthday on April 25. She celebrated with family and friends.

Libby Honeycutt of Whitesburg celebrated her birthday on April 27 with lunch at Curklins in Big Stone Gap, Virginia. The lunch was hosted by Libby's husband, John Honeycutt. Those attending the lunch with Libby and John were Helen Roberts of Cowan, Ella Caudill of Ice, Janet Napier of Little Cowan and Juanita Caudill of Little Cowan. Helen made a mixed berry strudel to accompany the lunch. They had a wonderful time celebrating Libby's birthday.

After lunch, they took a drive and saw a bear walking down the street in Appalachia, Virginia.

Susan Ware of Lexington and Donna Hollingshead of Monticello enjoyed their time on Little Cowan this past week. Donna is not a game fan so Susie, John, Mike and I played Catan every evening. It was fun and just a little competitive. Donna read while we played.

Susie, Donna, Sherie Caudill, John, Mike and I ate at The Pine Mountain Grill one evening. It was a good time.

Susie, Donna and I took a painting class at the Doty Creek School (Highway 7 Community Outreach). The instructor was Bill Caudill. We had a good time painting a vase of flowers. Helen Roberts of Cowan was one of the participants. I didn't get a list of the names.

Susie, Donna, John, Mike and I took a drive to Linefork. We went to the Campbell Cemetery and visited family graves. Our dad (Dr. Varon Campbell), grandparents (John and Mary Smith Campbell), aunts, uncles and cousins are buried there.

We ate lunch at PJs (I think that's the name) and the food was delicious. The restaurant is located where Uncle Noah Campbell's store used to be. We drove to the family homeplace and the only thing left is the chimney.

On Friday, April 25, we celebrated Susan Stamper's birthday with breakfast at The Pine Mountain Grill. Those attending to celebrate Aunt Susan's birthday were: Susan Stamper, Susan Ware, Donna Hollingshead, John Campbell, Donna and Mike Watts, Mike and Martha Wenning. It was a fun breakfast celebration.

Brooke Lucas, a senior at Letcher County High School, was a state runner-up at the KHSAA state archery tournament. Brooke is the daughter of Brian and Nikki Lucas.

The family of the late Nelson and Phoebe Fields celebrated Easter at the home of Ella and Mark Caudill of Ice. A lot of the family were able to attend and they had a wonderful time.

I attended a Mountain Heritage Festival meeting last week. There are a lot of fun and entertaining family activities planned for the week of September 22 to 27. Mark your calendar and plan to attend the Mountain Heritage Festival.

Graduation season is upon us. Last year I acknowledged graduates and posted photos in this column. It was so much fun that I want to do it again this year. If you would like to have your graduate (preschool, kindergarten, elementary, middle/junior high, high school, college, grad school, vocational school, etc.) mentioned in this column, please send the following information to CowanNews@aol.com.

Graduate Name – School – Parents/Grandparents; Future plans; and a photo if you wish.

Graduate information will be mentioned starting May 14 and there is no deadline for graduation information to be sent. I appreciate the ones who have already sent me information and photos.

Here's a recipe for GRAPE SALAD.

Ingredients: 1 block softened cream cheese, 1 cup sour cream, 1/3 cup sugar, 2 teaspoons vanilla extract, 2 pounds green grapes (can be cut in half or left whole), 2 pounds of purple grapes (can be cut in half or left whole), 1 cup chopped pecans, 3 TBSP brown sugar.

Mix cream cheese, sour cream, sugar and vanilla until smooth and creamy, fold in grapes. In a separate bowl, mix pecans and brown sugar and sprinkle on top. Refrigerate.

The first quote of the week is attributed to Alan Lakein: "Planning is bringing the future into the present so that you can do something about it now."

The second quote is attributed to Gandhi: "The future depends on what you do today."

If you have any news or graduation announcements or birthdays or recipes to share, please email CowanNews@aol.com. Thank you.

Have a wonderful week. Be kind to all you meet. Enjoy spring!!

Clara Adams celebrated her 90th birthday on April 25.

Bill Wayne Adams dies at 81

BILL WAYNE ADAMS

Bill Wayne Adams, 81, of Mayking, died Friday, April 25, at Whitesburg Appalachian Regional Healthcare Center.

A son of the late Orville and Roxie Kincer Adams, he was the widower of Hannah Wright Adams.

Surviving are three sons, David (Mary Elkins) Adams of Georgetown, Samuel (Donna Shinn) Adams of Longwood, Fla. and Jason (Erica Hatfield) Adams of Mallie; a brother, George Michael Adams of Chicago; a sister-in-law, Mary Adams; eight grandchildren, Deforest (Jennifer Tucker) Adams, Samuel Colton Adams, Donald Wayne Adams, Lucy Abigail Adams, Claire Adams, Audrey (Rob) Smith, Miguel Adams and Grayson Adams; and a great-grandchild, Carlie Lillian.

Mr. Adams was preceded in death by six brothers, Robert Gene (Rose Wright) Adams, Eddie (Dottie Polly) Adams, Jim Adams, Elmer (Linda) Adams, Roger Adams and Orville Adams, Jr, and four sisters, Ivel Buckley, Sara Gonzales, Joyce Mann and Jenny (Henry) Bowlsby.

Funeral services will take place at 10 a.m., Friday, May 2, at Letcher Funeral Home. Visitation will be at 6 p.m., Thursday, May 1 at Letcher Funeral Home. Burial will follow funeral services in the Mose Adams Cemetery at Mayking.

Sally Anne Glover, 70, dies

SALLY ANNE GLOVER

Sally Anne Campbell Glover, 70, died April 27, Gettysburg, Penn.

She was a native of Kentucky but lived in Gettysburg for 36 years. She attended the University of North Carolina and Berea College. She worked as an announcer and editor in radio, and worked as a book editor in Pennsylvania and New York City.

She was a daughter of the late Jasper Campbell and Ora Bryant of Kentucky.

Survivors include her husband, Carl Glover of Gettysburg, Penn.; a daughter, Rachel Glover of Gettysburg, Penn.; a granddaughter, Penelope Frantz of Gettysburg, Penn.; brothers, Roger Campbell of Jeffersonville, Ind., Johnny Campbell of Kettering, Ohio, and Larry Campbell of Dayton, Ohio; a sister, Faye Howard of Centerville, Ohio; and a number of nieces, nephews, and cousins.

A memorial service will be held at a future date.

In lieu of flowers memorials can be made to Cure HHT Foundation, P.O. Box 329, Monkton, MD 21111 or curehht.org.

Linda Lou Bevins dies at 77

LINDA LOU BEVINS

Linda Lou Bevins, 77, of Jackhorn, died April 7.

A daughter of the late James Maggard and Sadie Campbell Maggard, she was a sister of the late Dyrel "Sonny" Maggard, and Belinda "Bee" Alford.

Mrs. Bevins was of Baptist faith, a devoted wife, loving mother and mamaw. She loved God and her family with all of her heart and soul. She was a true blessing to all who knew her and will be missed dearly forever.

She is survived by her loving, devoted husband of 58 years, Kedrick "Rick" Bevins; three daughters, Sandra Bevins Kiser of Jackhorn, Linda Carol Collier and husband Jim of Limestone, Tenn., and Tonya Jacobs and husband Trevor of Pippa Passes; seven grandchildren, Shantayia Raines and husband Colt of Marrowbone, Chezrai Howell and husband Josh of Little Creek, Gary Allen "Bubby" Kiser and wife Kaylee of Jackhorn, Graham "Grammy Bear" McKinney and wife Megan of Allen, Abbigail McKinney and Emily McKinney, both of Pippa Passes, and Dakota Ray Collier of Limestone, Tenn.; nine great-grandchildren, Shaddix, Jaxon, Makala, Brexton, Oaklynn, Ivory, Carson, Cash and Colayia, one sister, Brenda Harvy of West Liberty; a brother, Myrell Maggard of Adrian, Mich.; and special friend, Diana Mullins and husband Mark of McRoberts.

Private memorial services will be held at a later date.

Hindman Funeral Services of Hindman has charge of the arrangements.

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LAND FOR SALE NEAR WISE, VA — 14 acres with 474 feet of highway frontage, 10 minutes from Wise. Public water an electric on property. Lots of hardwood timber. Excellent house/mobile home site. Call 276-328-6660. Priced at $44,900. (4-30-4pc)

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ADVERTISEMENT FOR BIDS

CONTRACT 752-25-01
WHITESBURG FARMERS MARKET—PHASE 1
COWAN COMMUNITY CENTER WHITESBURG, KENTUCKY

Sealed proposals for the following work will be received by the Cowan Community Center in Whitesburg, Letcher County, Kentucky at the Cowan Community Center – Downtown Office 229 Main Street Whitesburg, Kentucky 41858, until 1:00 p.m. local time, Friday, May, 30 2025, for furnishing labor and materials and performing all work as set forth by the Advertisement, General Conditions, Specifications, and/or Drawings prepared by Bell Engineering. Immediately following the scheduled closing time for the reception of bids, all proposals which have been submitted in accordance with the above conditions will be publicly opened and read aloud.

The work to be bid is described as follows:
CONTRACT 752-25-01
Grading, general demolition, furnish and install: asphalt paving, concrete paving, utilities, pavilion structures, site amenities Drawings, Specifications and Contract Documents may be examined at the following places:

Bell Engineering
2480 Fortune Drive, Suite 350
Lexington, Kentucky 40509

or may be obtained from the Lynn Imaging, 328 Old Vine Street, Lexington, Kentucky 40507, phone 859/255-1021, upon receipt of non-refundable deposit as follows:
CONTRACT 752-25-01--$300.00

Sealed proposals for this Contract shall be clearly marked on the outside of the envelope as follows: "Sealed Proposal for Contract 752-25-01. Not to be opened until 1:00 p.m. local time, Friday, May 30, 2025."

If forwarded by mail, the sealed envelope containing the proposal must be enclosed in another envelope and mailed to the Cowan Community Center allowing sufficient time for such mailing to reach this address prior to the scheduled closing time for receipt of proposals.

Bids shall be accompanied by a certified check or bid bond made payable Cowan Community Center in an amount not less than the percent of the base bid indicated in Specification Section C-200, Instructions to Bidders, Bid Security. No bidder may withdraw his bid for a period of 90 days after the date bids are opened. He may, however, withdraw his bid at any time prior to the time and date scheduled for opening of same or any authorized postponement thereof. Any bid received after the time and date specified shall not be considered and will be returned unopened to the bidder.

A pre-bid meeting will be held at 11:00 a.m. local time on Friday, May 16, 2025 at the Cowan Community Center – Downtown office 229 Main Street Whitesburg, Kentucky 41858. Attendance at the pre-bid conference is highly encouraged but is not mandatory.

The Cowan Community Center may consider informal any bid not prepared and submitted in accordance with the provisions of this advertisement and/or the Specifications and may waive any informalities or reject any and all bids.

Cowan Community Center
Valerie Horn, Executive Director

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