CEXXED

7-25

NEW YORK TIMES CROSSWORD

ACROSS "Looks like it's settled!' Cultural

attraction in London's Covent Garden neighborhood Campaign

reminder Brief moment

in time Medical drama

sites, for short Queen Elizabeth II owned over 30 of them

Sound from a crib

Concave cooking items One side of a

26 Jung-jae, **Emmy-winning**

star of "Squid Game" Sci-fi droid,

familiarly Crux

Go about Loose items in a purse, perhaps

Reddit rule enforcers 37 Retro means of

communication Variety of violet

Jaden Smith, to Will Smith Torn Hairstyles that

can be "messy" Leaning Like Greenland 14

Part of many a car's dashboard 'You can no

more win a than you can win an earthquake": Jeannette Rankin Trendy Nonchalant

Very, very close Everybody's talking about it

comeback

DOWN

jolie!" Appear overprotective, say

35 Moves

43

slightly closer,

as a baseball

fielder

44 Writer with

a monument

in Florence's

Piazza Santa

Preceding

Puzzle by Adrianne Baik

Mate's reply Natural pitch Olympian

Raisman They're long stories

Mushroom-to-be Makes slick Before, in a poem

Masked bandits? In a state 12 Offerings at colleges and

museums Was suspended Bubbly

option Model Holliday

Trudge What "2" can stand for Puppy's plaint 26 Spoil

greatest part! Winds up Its first sale was a flamingoprint zip pouch

This is the

for \$8 Pet sayings? Caramel-filled sweet

Idly dreams Dweller near Dubai

7/25

45

those under 21 Munch Actor Paul of 12 Years a "I was reading Slave"

Request by

a book about 48 Mix up "OMG!," in mazes ... I got lost in a modern spelling it," e.g. Big name in 51 Little

annoyance bookstores Clock Coffee standard: roaster's creation Abbr.

T-Mobile competitor, for short Old what's-

ANSWER TO THURSDAY'S PUZZLE:

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CAROLYN HAX Her partner's goals feel out of reach

No. 0620



tellme@washpost.com

Dear Carolyn: I am a single mom and full-time mental health professional trying to juggle life and a romantic relationship.

I love my partner with all my heart. We connect in so many ways. However, for most of our time together, he has taken issue with how I conduct my day-to-day life. I struggle to meet the goals I set for myself, such as life-balance, getting my work notes done, getting to the gym, keeping up with household chores. He sees it as lack of followthrough, which I can understand.

However, I also try to explain to him how different our everyday lives are. He is semiretired with no children. I have a 10-yearold who is not always easy to parent and a demanding and emotionally draining job. I get behind on my notes and chores. I don't get to the gym as often as I want.

He feels like the gym and being caught up with work and life will help with stress, and I agree. But, when I feel unable to meet the demands of everyday life or the expectations I put on myself and the expectations he has for me — I feel like a failure. I know he views

winding your way through the grid. You can backtrack to use letters more than once. Each new word starts with the last letter of the Ε Т C S R B R Е W D 1. Special forces cap 2. Clans

Start at the double hexagon. Spell solutions to the clues below by

3. Wastewater conduit

4. Marauder

5. Subsided

BERET, TRIBES, SEWER, RAIDER, RECEDED © 2025 WIGGLES 3D GAMES, DIST, BY ANDREWS MCMEEL SYNDICATION

me as one, too. He tells me I'm breaking promises by not meeting my goals or his goals for me and it breaks my heart.

I feel like I'm giving all I have, feel so tired and drained at the end of most days, trying my best to give my all for everyone and feeling like I'm failing - and he only sees what I'm not accomplishing. When I try to reiterate all I've accomplished and overcome, it seems like none of that matters.

I see a future with this man, but I'm beginning to recognize that I may never be "enough" for him.

I don't see any evidence that he wants to be more flexible in his thinking. His mind is made up. Am I fighting a losing battle? I don't want to lose him but I don't want to lose myself, either. I wish I could be the person he wants.

- Uphill Battle

Uphill Battle: I don't. I wish you could love and accept you.

And I wish he could shove his goals for you up a dark place.

Since when does Mr. Half-Empty Plate get to judge whether Ms. Overflowing Plate serves up her daily-stress triage

flambe to his liking?

You say you're "trying my best to give my all for everyone." And besides wondering how one does that without keeling over in a burned-out neurotic heap, I have to ask — do you truly believe everyone deserves your absolute all?

As a mental health pro and spiky-tween parent, you do high-stakes caregiving. I'm not encouraging you to cut corners. But you're also informed on human performance, so you know there's no such thing as running 24/7 at peak.

What we all have instead are unique blends of strengths and weaknesses, thoughtful priorities, plus our management system: self-awareness.

Which brings me to your man friend, whom you never please, yet he stays. And to you, erasing yourself to please him.

Please be self-aware here - of your low selfesteem issue, his exploitation of it, and the snug fit of your weaknesses, his-and-hers.

Stop feeding this misery. Instead, give your obvious, abundant strengths their due by breaking up with the man. And please seek your

own therapeutic support.

Matos regains full movement after collision Classified BUY:

BY ALEX BUTLER Sports News - UPI.com

MIAMI GARDENS, FLA.

Miami Dolphins offensive lineman Bayron Matos regained movement in all extremities and is stable, but remains hospitalized after an on-field accident, the team announced Thursday.

A source told UPI on Wednesday that Matos collided with a teammate toward the end of practice Wednesday in Miami Gardens, Fla., and sustained an undisclosed injury, resulting in losing feeling on his right side.

The Dolphins said the helicopter that transported Matos from the Baptist **Healthy Training Complex** took him to the Ryder Trauma Center at Jackson Memorial Hospital in Miami, "where he remained overnight for evaluation and testing."

"He has movement in all extremities and is in stable condition," the



Dolphins offensive tackle Bayron Matos sustained an undisclosed injury during training camp Wednesday in Miami Gardens, Fla.

Dolphins added. "He will remain in the care of doctors for continued observation.'

Matos, 24, signed with the Dolphins on May 10, 2024, as part of the NFL's international player pathway program. He spent the 2024-25 season on the practice squad.

The 6-foot-7, 334-pound offensive lineman is a Los Mina, Dominican Republic, native. He played football and basketball collegiately at South Florida and New Mexico.

The Dolphins held their second training camp session Thursday at the **Baptist Health Training** Complex. They will hold a public session -- free to the public -- Saturday in Miami Gardens.

TE Jimmy Graham set to retire with New Orleans

Field Level Media

Tight end Jimmy Graham confirmed a report from the New Orleans Saints' team website that he plans to officially announce his retirement in the near future.

Graham, 38, is expected to make this announcement as a member of the Saints, with whom he spent the first five

seasons of his career before rejoining the club in 2023 for his final 13 NFL games.

"What a journey," the five-time Pro Bowl selection posted on X. He also included black and gold hearts and a praying hands emoji.

Graham recorded 719 receptions for 8,545 yards and 89 touchdowns in 197 career games with the Saints (2010-14, 2023),

Seattle Seahawks (2015-17), Green Bay Packers (2018-19) and Chicago Bears (2020-21).

Graham, who did not play in 2024, was selected by New Orleans in the third round of the 2010 NFL Draft. Including the playoffs, his 94 career touchdowns rank fifth all-time among tight

classifieds.kentucky.com

Legals

N City Barbeque, LLC, mailing address 5168 Blazer Parkway, Dublin, OH 43017, hereby declares intention(s) to apply for a NQ4 Retail Malt Beverage Drink License no later than August 1 2025. The business to be licensed will be located at 2333 Remington Way, Lexington, KY 40511, doing business as City Barbeque. The Owners; Principal Officers and Directors; Limited Partners; or Members are as follows: Member: City Barbeque Holdings, LLC; Principal Officers Michael Muldoon, President & CEO and Diane Reed,CFO, at 5168 Blazer Parkway, Dublin, OH 43017. Any person may protest the granting of the license by writing the Department of Alcoholic Beverage Control within thirty (30) days of the date of this legal publi-

Jul 25 2025

Public Notice Aqua Vitae Holdings, LLC, 1881 Ra-chel's Run, Lexington KY 40509, hereby declares intentions to apply for NQ4, Quota Retail Drink, Transitional Distilled Spirits and Wine, Transitional Malt Beverage, and Special Sunday Retail Drink licenses no later than July 31, 2025. The business to be licensed will be located at 145 Burt Road, Unit 20, Lexington, KY 40503. D/B/A The Cork. The owners are as follows: Stu-art Thaman, 1881 Rachel's Run, Lex-ington, KY 4059, Christopher Bacon, 108 Josephine Court, Nicholasville, KY 40356, and Ryan Smith, 4370 Clearwater Way, Lexington KY 40515. Any person may protest the approval of the license by writing the Department of Alcoholic Beverage Control within thirty (30) days of the date of legal publication.

IPL0257090 Jul 25 2025

Legals & Public Notices NOTICE TO INFORM:

ty Council meeting on February 25, 2025, Ordinance 54 was enacted related to: (1) An Ordinance changing the zone from Neighborhood Business (B-1), Highway Service Business (B-3), Interchange Service Business (B-5P), and Mixed Low Density Residential (R-2) zones to Mixed Low Density Residential (R-2), Planned Neighborhood Residential (R-3) and Medium Density Residen tial (R-4) zones, for 12.49 net (20.09 gross) acres for properties located at 475 and 495 Haggard Lane and 450 Radcliffe Rd.These documents may be viewed in their entirety at https:// bit.ly/ord54 or in the Council Clerk's Office at 200 E. Main St. Lexington KY 40507. 859-258-3240. View all LFUCG legal notices at https://www lexingtonky.gov/public-notices IPL0256997 Jul 25 2025

KENTUCKY.COM

Legals & Public Notices Legal Ad

Levy Premium Foodservice, LP d/b/a Professional Sports Catering hereby declares intention to apply for a Limited Non Quota Package License no lat-er than July 11, 2025. The business to be licensed will be located at 207 Leg-ends Lane, Lexington, KY 40505. The owners, principals, officers and directors, limited partners or members of the application are as follows: Owner Levy Restaurant Limited Partnership Levy Restaurant Limited Partnership, 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611, Owner Levy GP Corp., 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611, CEO of GP, Andrew J. Lansing, 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611; President of GP, Robert Illinois 60611: President of GP. Robert L. Ellis, 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611; Sherif Folarin Dosunmu, Secretary of GP, 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611; and Elizabeth Shakespeare, Treasurer of GP, 980 N. Michigan Avenue, Suite 400, Chicago, Illinois 60611. Any person, association, corporation, or body politic may protest the granting of the license(s) by writing the Dept. of Alcoholic Beverage Control, 500 Mero Street, 2NE33, Frankfort, KY 40601 within 30 days (KRS 243.430) of the date of this legal publication. IPL0256616 Jul 25 2025

Animals

Dogs

Basset pups, AKC \$650 bucksbassets.com bucksbulldogs@yahoo.com 270-597-6909



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Auctions/Garage Sales

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exington 40509 July 25/26 Fri.-Sat -3 PM. 2202 Bahama Rd.,Greenbri r Sub. 3-story house full to the max verything for the home and yard, bedrooms full,AND SO MUCH MORE CASH and Checks(w/ID) ONLY. No enmo or charges.

Garage Sales

Multi Family Yard Sale Lexington, 941 Celia Ln Saturday 7/26





In Georgetown, Kitchen Items, Antiques, Knives, Coca-Cola Memorabilia, Vintage Hot Wheels, Electronicss, vare, Small Appliances, Cookware, Furniture, Tools, Automotive Items, Shoes, Clothes, Books, Office Supplies, and so much more! Rain or Shine! 229 Armstrong Court. Saturday

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