

COMMUNITY CALENDAR

CYNTHIANA-HARRISON COUNTY PUBLIC LIBRARY

Call (859) 234-4881 to reserve your spot at any activity requiring pre-registration.

Youth Programs:

DUNGEONS & DRAGONS FOR BEGINNERS

Friday July 18 at 3 p.m. Teens are welcome to attend this FREE program and learn how to play Dungeons & Dragons! Experienced players are welcome to attend as well. Registration is required for this event.

STUDIO GHIBLI SUMMER

Monday July 21 at 3 p.m. This month teens will be watching Howl's Moving Castle. Registration is required for this event.

PINCH POT PALOOZA

Wednesday July 23 at 5 p.m. School age children are invited to make and design their very own pinch pot! Registration is required for this FREE program.

STORY TIME

Thursday July 24 at 9:30 a.m. Join us for stories, songs, and crafts every Thursday. Story Time is recommended for children ages birth-5.

Adult Programs:

CHAIR YOGA

Monday July 21, 28; Wednesday July 23, 30; Friday July 18, 25 at 10 a.m.

Designed for all ages and abilities, Chair Yoga offers a gentle yet effective way to experience the benefits of

yoga without ever leaving your seat. Registration Required.

CUPCAKE LINER FLOWER KITS

Kits will be passed out Saturday, July 19, at 10 a.m. Patrons can swing by the library to pick up this FREE crafting kit. This is a first come first serve basis and we will not put any kits on hold for anyone so make sure to prioritize the library on your Saturday stops!

EVENING BOOK GROUP

Tuesday July 22 at 5 p.m. Join Tracy in discussing "If the Creek Don't Rise" by Leah Weiss. Registration is not required.

BOOK GROUP

Thursday July 24 at 11:30 a.m. Join Miriah in discussing "In the Unlikely Event" by Judy Blume. Registration is not required to attend this adult program.

Bookmobile Stops:

Wednesday, July 23, from noon to 3 p.m.— Harrison County Food Pantry, 304 North Locust Street

HARRISON COUNTY REPUBLICAN PARTY PICNIC

The Harrison County Republican Party will hold our annual Picnic on July 19 at Flat Run Veterans Park. We will meet at 11 a.m. for our business meeting and at noon for the picnic. This will replace the July 3 and Aug. 7 meetings. We will return to the first Thursday of each month in September. Come out and join us for a fun event on July 19.

RELAY FOR LIFE

Harrison County Relay for Life's annual event will be Saturday, Aug. 16, from 5 to 10 p.m. at the Harrison County High School Gym. This impactful evening is a time to celebrate recovery and remember those lost to cancer.

Relay for Life always promises a lot of fun, too. There will be a classic car show along with plenty of family-friendly fun.

HARRISON COUNTY AMATEUR RADIO CLUB

Meets at 6 p.m. on the third Friday of each month at the Lair Methodist Church Fellowship Hall, 3660 New Lair Road. You do not need to be a member to attend. Our vision is to have an inclusive community of amateur radio volunteers that are engaged, trained, and prepared to make a positive contribution to the local community and world at large. For more information contact Rick Mattox at 859-234-9853 or email K4HSN@OUT-LOOK.COM.

HARRISON COUNTY FOOD PANTRY

The food pantry is open on Wednesdays, from noon-3 p.m. It is located at 304 North Locust Street.

TOPS (TAKING OFF POUNDS SENSIBLY)

TOPS meets every Tuesday from 5-6 p.m. at Elmarch Methodist Church, corner of S. Elmarch & Lair. Call or Text Trudy Kelly for more information, (859) 954-0344.

THE 1949 RED COOKBOOK

Stop by the Harrison County Extension Office and pick up your copy featuring some of Harrison County's finest Homemaker's most delicious recipes. Cost is \$5.

KIWANIS CLUB

The Cynthiana Kiwanis Club is looking for new members to help develop a plan to serve and impact the future with ideas and initiatives. Contact kiwanisclubofcynthiana@gmail.com or Robbie Morris at (859) 420-2307.

Meetings are held on the second and fourth Thursday at 6:30 p.m. at Biancke's Restaurant.

CYNTHIANA-HARRISON COUNTY MUSEUM

The Cynthiana-Harrison County Museum is open Friday and Saturday, 10 a.m. to 4 p.m.

HARRISON COUNTY CLOTHING CLOSET

Now taking phone orders with curbside delivery at this time. Phone is (859) 943-9325. Hours are Monday and Wednesday from noon to 4 p.m. No vouchers are required. Monetary donations may be mailed to HCCC at P.O. Box 124, Cynthiana, KY 41031.

ALCOHOLICS ANONYMOUS

In-person meetings will be held Wednesdays and Sundays at 7 p.m. at 118 North Walnut Street, Cynthiana. For more information call (859) 559-5368.

POP CANS FOR HUMANE SOCIETY

The Harrison County Humane Society is collecting pop cans to help cover the cost of the spaying and neutering of animals in Harrison County. The trailer is located in the Save a Lot parking lot.

POP CANS: CYNTHIANA BAPTIST CHURCH

The church is collecting pop cans and aluminum for service ministry. There is a bin in the church's back parking lot at 212 E. Pleasant St., Cynthiana.

FREE EXERCISE ONCOLOGY CLASS

Harrison Memorial Hospital offers a free exercise oncology class every Wednesday at 1 p.m. at HMH The Cottages. The class is designed for cancer patient and survivors to aid in recovery.

The class is eligible for HMH Care-A-Van services. If you would like a free ride call 859-298-2700.

Participants must have physician's clearance prior to starting the class.

HOPE'S HELPING HANDS FOOD BANK

Open Tuesdays and Thursdays from noon-4 p.m. at 120 S. Walnut St.

For more information call 859-235-HOPE. Hope's Helping Hands is an agency member of God's Pantry.

FLORA SHROPSHIRE ANIMAL SHELTER

Hours are Monday-Friday, 10 a.m. to 4 p.m.; Saturday, 8 a.m. to noon.

On Saturdays from 10 a.m. to noon you're invited to Coffee with Cats. Come hang out on the couch or at one of the cafe tables in the newly renovated cat room and enjoy a cuppa while watching the kitties play. If you're lucky, you might attract the attention of a lap cat!

On Sundays, the Flora Shropshire Animal Shelter offers a Borrow-a-Buddy program that allows you to "check out" a dog from 10 a.m. to 1:30 p.m. and give him or her a great opportunity to get out of the shelter and spend a day having new experiences, whether it's snuggling on the couch, having a pup cup or taking a walk.

To learn more or to reserve a dog, call 859-234-7138. Participants must be at least 18 and have a valid I.D.

NARCONON

An essential business and is open and servicing clients. Drug overdoses have become the leading cause of accidental death in the United States with heroin and other opiates being the largest contributor. If your loved one is struggling with drug abuse, now is the time to get them the help they need.

To learn more about the signs and dangers of heroin addiction by visiting www.narcononnewliferecovery.org/drugrehab. Addiction Screenings: Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals at 1-800-431-1754.

Smart tips for traveling with children

SHELLEY MEYER

HARRISON COUNTY EXTENSION AGENT, FAMILY AND CONSUMER SCIENCE SOURCE-DAVID WEISENHORN, PH.D.; SPECIALIST FOR PAREN

Traveling with children is different from traveling alone or with other adults. Here are a few tips to help you prepare for fun trips with your children.

Before you go:

Talk about the trip. • Start with a conversation about where you're going, why, who you'll see, and what you hope to experience. Explain how you'll travel — car, plane or train — to help build excitement and ease anxiety.

Identify potential challenges.

• Prepare your children for differences in routines or environments. If you're traveling during hot weather or hiking through nature, discuss safety concerns like drinking water, staying on the trail, and avoiding unfamiliar plants. The goal is to build awareness, not anxiety.

Set behavior expectations.

Remind children how to behave in different settings: visiting grandparents, eating in restaurants, or sitting next to a sibling. Simple reminders like, "We keep our hands to ourselves," or "We don't ask for candy at the store," work for

all ages. Even adults use this — like telling yourself you're not going to buy anything not on your list. Speaking expectations out loud helps build self-control.

Get kids involved in packing. • Let kids help create a short, simple packing list. It teaches organization and builds excitement. Be patient — they'll need help.

Entertainment options. • Travel is a great time to connect. Start with conversation, then move to games: travel bingo, coloring books, 20 questions, cards, karaoke. Screens are fine, but books, puzzles and word searches are great alternatives.

Plan for delays. • Travel with kids typically takes longer. Add 30 to 45 minutes for every three hours on the road. Plan pit stops so kids can move, snack and use the bathroom. While this can add time to your travels, it makes for happier travelers.

During your trip:

Stick to routines. • Try to maintain regular meal, nap and bedtime schedules. It may take creativity, but it is worth the effort.

Let kids take the lead. • Invite your children to make decisions: "Which trail should we take?" or "What do you want to see first?" This builds confidence and keeps

them engaged.

Safety. • Carry a few basics — water, snacks, flashlight and a small first-aid kit.

Expect meltdowns. • They happen, no matter how prepared you are. Expecting a few tough moments helps you stay calm and respond with patience.

After your trip:

Reflect together. • Ask your family: What did you love most? Least? What are you glad we did? What would you do again? What will you remember most? These moments build connection and help shape future trips.

Empowering girls shouldn't come at expense of supporting boys

BY TOMMY DRUEN
COLUMNIST

I never had the chance to meet my great-grandfather, William Elbert Druen. He passed away several years before I was born. From all accounts though, he was a kind and decent man, the sort of person who made others feel comfortable simply by being near him. He was a farmer and lived a life marked by hard work and conviction.

He and my great-grandmother raised four children—three daughters, followed by their youngest, my grandfather. The girls were born in 1913, 1915, and 1920. Remarkably, each one graduated from Hart Memorial High

School.

That may not sound extraordinary today, but it was rare for girls—especially rural girls during the Great Depression—to finish high school. Each would've walked those hallways during the darkest economic downturn in American history.

At a time when families were scraping by and children were pulled from school to work, my great-grandfather kept his daughters in the classroom. That simple choice, made in hardship, speaks volumes.

Like most families, mine felt the weight of the Depression. I've heard stories of my great-grandfather laboring all day cutting tobacco for just twenty-five

cents—and being grateful for the work. Still, he went to the bank seeking a loan to send his daughters to college. The banker declined—partly due to the economy, but also because he didn't see the point in educating girls past high school.

That notion is foreign to me. I didn't grow up wondering if girls were as intellectually capable as boys—I grew up knowing they were. I came of age in the time of Margaret Thatcher and Sandra Day O'Connor. My mother was the valedictorian of her class, and in my own high school honors courses, the girls outnumbered the boys three to one. The idea that girls

should be discouraged from achievement felt as outdated as a horse and buggy.

Yet history tells another story. Even when women were allowed to work, their paths were narrowly drawn—teacher, nurse, secretary. Professions like law and medicine were largely out of reach. And even now, some public offices are seen as more "acceptable" for women. In Kentucky, roughly 70% of circuit and county clerks are women, but only seven counties have female judge-executives. Women make up less than 8% of county magistrates and commissioners.

That's why I've never

taken issue with efforts to encourage girls to explore male-dominated fields. Organizations like Girls Who Code, Step Up, and Girls Develop It have sparked interest and confidence in STEM over the past decade. And it's working. Since 2016, the share of American women in the STEM workforce has risen by 8%, now standing at 29%.

The progress isn't limited to STEM. In 1976, women made up 47% of college students. Today, they account for 58%. Their numbers have

more than dou-

bled—from 5 million to 11 million. That's a story worth celebrating.

But what about the boys?

In the same period, male college enrollment rose only from 6 million to 8 million. Let me be clear—this isn't about resenting the success of young women. I'm thrilled to see it and want it to continue. But I do wonder if, in our push to lift up girls, we've inadvertently overlooked the struggles of our young men.

SEE GIRLS/PAGE B5

LEGAL NOTICE

PUBLIC NOTICE

As per the Harrison County Fiscal Court's contract renewal with Rumpke of Kentucky, there will be an increase in the monthly fee effective August 1, 2025 through July 31, 2026

The monthly service fee will be as follows:
\$19.00 per unit per month – Regular Service *
\$17.10 per unit per month – Senior Service *

*A quarterly fuel surcharge will be implemented on all residential and commercial hand services accounts based upon the Department of Energy's Midwest Diesel fuel average and adjusted monthly.

Rumpke will continue to individually invoice residents on a quarterly basis.

Jason Marshall
County Judge Executive



LEGAL NOTICE

NOTICE TO HARRISON COUNTY TAXPAYERS

Linda S. Barnes, Harrison County Clerk pursuant to KRS 424.130, announces that the 2024 Delinquent Real Property Tax Bills (Certificates of Delinquency) will be published in the Cynthiana Democrat on July 25th, 2025. The list of Certificates of Delinquency is also available for public inspection during the hours of 8:30 AM until 4:00 PM at the County Clerk's Office located at 111 South Main Street, Cynthiana, KY 41031. This list may also be inspected on the Harrison County Fiscal Court's website and also on harrison.countyclerk.us website. The tax sale will be held on August 22nd, 2025 beginning at 10:00 AM. All interested participants must register with the County Clerk's office by the close of business August 12th, 2025. Please contact the County Clerk's Office if you need additional information about the tax sale registration process, the required registration fee or the deposit amounts that will be needed. Taxpayers can continue to pay their delinquent tax bill to the County Clerk's Office anytime prior to the tax sale. All payments must be received in the County Clerk's Office prior to the tax sale date listed in this advertisement. Payments received after the tax sale has been conducted will be returned without exception. Some delinquencies- although they have been advertised- will be excluded from the tax sale in accordance with the provisions of KRS 134.504(10)(b). If you have any questions, please do not hesitate to contact the County Clerk's Office at 859-234-7130 or 859-235-0513.

Consolidation of Estates
ABSOLUTE AUCTION
Personal Property

July 26th, Saturday, at 10 A.M.
110 W. Pleasant Cynthiana, Ky. 4103 • Grass Lot

Bonnie Fisher, an Auctioneer, has been commissioned to sell the Personal Property: furniture, ladders, tools, dishes, shelving, all types of household items, outside tools & lawn decorations & other items too numerous to list. TERMS: Cash or check with proper ID, Venmo, personal property sold as is final, must be moved from the property day of sale NO BUYERS PREMIUM! Announcements auction day take precedence over written material. Directions: Turn off U.S. 27 onto W. Pleasant St. to old KOI Auto Parts & Finders Keepers Store in the grass lot

United Country Real Estate A-Team & Auction

Bonnie Fisher - Principal Broker & Auctioneer
859-588-3532 • 140 S. Main St. Cynthiana, Ky. 41031