

MAHA Kentucky Task Force approves recommendations

BY LEGISLATIVE RESEARCH COMMISSION

FRANKFORT—The Make America Healthy Again Kentucky Task Force unanimously approved recommendations Tuesday for lawmakers to consider during the 2026 legislative session.

Co-Chair Sen. Shelley Funke Frommeyer, R-Alexandria, said the task force has learned from health and wellness advocates during the legislature's interim period. She said task force members want to look at lifestyle medicine and the role of nutrition.

Funke Frommeyer also said parents must provide good examples of healthy living for wellness initiatives to be effective for young people.

"We need to educate our kids, but if the parents aren't walking it and talking and living it," she said.

Among the group's recommendations are calls to support "Food is Medicine" programs and encourage the purchase of healthy foods with Supplemental Nutrition Assistance Program dollars.

The task force is also seeking ways to improve healthy meals in schools, strengthen physical education requirements for high school graduation, and increase awareness among health care providers about the impact of nutrition and diet strategies



DAVID MICHAEL HARGIS/LRC

Rep. Matt Lockett, a Nicholasville Republican, speaks Tuesday during a meeting of the Make America Healthy Again Kentucky Task Force.

on health outcomes. Co-Chair Rep. Matt Lockett, R-Nicholasville, said improving health outcomes should be important to everyone and he urged lawmakers to communicate among each other on proposed bills.

Rep. Emily Callaway, R-Louisville, said she also agrees about the importance of collaboration.

"What I've heard come up multiple times is opportunity

for our local health departments to participate. And I just don't see a consistency there, so I'm personally going to be reaching out to that cabinet and just seeing what the disconnect is," she said. "Louisville should have a very strong health department, and with that health department, it should include obviously this mentality that food is medicine."

Callaway pointed to the Dare

to Care Food Bank and its push to provide fresh food for the people it serves. She said the group is purchasing land to grow food and creating a facility specifically for fresh food, along with offering cooking classes.

Funke Frommeyer told task force members that other states are being proactive to promote and educate people about wellness.

"Both Texas and California have some very meaningful bills around some conversations that we've had presented during our interim, so I just wanted to suggest to our members consider really

reviewing some of what has now been put into legislation in other states," she said.

In addition to groups such as the Dare to Care Food Bank, Funke Frommeyer said faith-based groups can help people lead healthier lives, mentioning a large church in Louisville that has community gardens.

"There are faith-based solutions throughout the states that are taking really, really small actions that can grow into something quite meaningful," she said.

Earlier during the meeting, Sen. Jimmy Higdon, R-Lebanon, also shared some ideas and observations he

gleaned when he was a grocer.

For instance, Higdon suggested that SNAP benefits could be issued twice a month rather than once a month because milk and fresh fruits and vegetables won't last an entire month.

Lawmakers are scheduled to convene the 2026 legislative session on Jan. 6.



The Towers, LLC is proposing to construct a 263-foot Lattice tower at 3178 Minors Branch Road, Gravel Switch, Casey County, Kentucky 40328 (37 30 33.5 N / 84 57 23.1 W). The tower is anticipated to have FAA Style E (L-864/L-865/L-810), medium intensity flashing dual (white/red) strobe lights, but will ultimately use lighting/markings requested by the FAA. Interested persons may also review the application for this project at www.fcc.gov/asr/applications by entering Antenna Structure Registration (Form 854) file no. A1277512. Interested persons may raise environmental concerns about the project under the National Environmental Policy Act rules of the Federal Communications Commission, 47 CFR §1.1307, by notifying the FCC of the specific reasons that the action may have a significant impact on the quality of the human environment. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website and may only raise environmental concerns. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest, but they may be filed with a paper copy by mailing the Request to FCC Requests for Environmental Review, Attn: Ramon Williams, 45 L Street NE, Washington, DC 20554.

NOTICE OF FINAL SETTLEMENT

NOTICE IS HEREBY GIVEN THAT SETTLEMENTS OF ESTATES HAVE BEEN FILED IN CASEY DISTRICT COURT AND SCHEDULED FOR HEARINGS FOR FINAL APPROVAL BY THE CASEY DISTRICT COURT AT 9:00 A.M. ON THE 27TH DAY OF JANUARY, 2026 UNLESS EXCEPTIONS ARE FILED PRIOR THERETO.

ESTATE OF: JERRY DEAN GOODEN

CASE# 24-P-00180

REPRESENTATIVE: LAILA GOODEN

DONALD A. THOMAS - ATTORNEY

TYPE OF SETTLEMENT: **FINAL**

PREPARED BY: JAMIE B. PATTERSON DC

PAID FOR FIDUCIARY AT TIME OF FILING.

PUBLIC NOTICE

There will be a public hearing held on January 12th, 2026 at 4:45 P.M. at the Casey County Judicial Center. The hearing will be to discuss the removal of Carr-Sasser Road from county inventory. All interested persons in Casey County are invited to the hearing to submit verbal or written comments on removal of Carr-Sasser Road. Any person(s) who cannot submit written comments or attend the public hearing but wish to submit comments should call the Office of the County Judge/Executive at 606-787-8311 by 4:00 PM on January 9th, 2026 so the arrangements can be made to secure their comments.

The Casey County News

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