

# Seven Signs Of Spring Allergies

Few things are more deflating than finally venturing outdoors after a long winter of cabin fever, only to find that blooming trees and flowers start wreaking havoc with your personal health.

Spring allergies, also known as allergic rhinitis, occur when the body's immune system overreacts to indoor or outdoor allergens, such as tree and grass pollen, mold and dust. According to the Asthma and Allergy Foundation of America, approximately 25.7 percent of adults and 18.9 percent of children in the United States suffer from seasonal allergies. Allergic rhinitis accounts for an estimated \$16 billion in annual health care costs and is a leading cause of reduced productivity while at work.

Identifying the symptoms of allergies is key to distinguishing them from a cold or another infection and to ensuring fast relief. Spring allergies typically peak from March to May and may even continue into July. Physicians will look for specific

physical markers to confirm allergies.

1. Sneezing: Sneezing can occur in rapid-fire patterns, known as paroxysmal sneezing, especially after spending time outdoors. These intense episodes can be tied to allergies or be symptomatic of another condition, says the National Institutes of Health.

2. Itchy, watery eyes: Allergic conjunctivitis is the medical term for this condition, which is a hallmark of spring allergies. Eyes will appear red, feel gritty or drip clear fluid.

3. Nasal congestion/runny nose: A thin, clear discharge typically is a sign of allergies, whereas any mucus that is thick, yellow or green could indicate an infection. Constant upward rubbing of the nose from allergies (called the allergic salute) often causes a permanent transverse nasal crease at the junction of the nose tip and the bridge, says Healthline.

4. Itchy throat and ears: Pollen may cause a scratchy or tingly sensation in the



throat and in the ear canals. Medical professionals warn that chronic inflammation from allergies is a primary risk factor for secondary bacterial infections that can occur in the sinuses and ears. Eustachian tube dysfunction occurs when fluid builds up behind the eardrum because the eustachian tubes become blocked or don't open prop-

erly to let fluid drain to the nose and throat, says the Cleveland Clinic. Pressure imbalances, muffled hearing, popping sounds, and even pain can occur.

5. "Allergic shiners": Nasal congestion can cause swelling and increased blood vessels to the small veins in the infraorbital area, causing dark, bluish circles under

the eyes called periorbital hyperpigmentation, says the Center for Orofacial Myology. This makes allergy sufferers appear as though they have two black eyes.

6. Cough: Post-nasal drip occurs when mucus drips down the back of the throat from the nose. This can cause a persistent, dry cough that's often worse at night. Post-nasal drip also may result in a sore throat and a "cobblestone" appearance in the back of the throat that's visible during a medical exam.

7. Fatigue: Insufficient rest due to allergy-related discomfort can cause those with spring allergies to feel fatigued. The constant immune system response to allergies also can lead to daytime tiredness and lack of focus.

Allergic rhinitis is a problem for millions of people each spring. A combination of avoiding triggers and using allergy medications can help calm any symptoms that crop up.

## Connecting The Dots

By Van Yandell

Exodus 5:1 "And afterward Moses and Aaron went in, and told Pharaoh, Thus saith the LORD God of Israel, Let my people go, that they may hold a feast unto me in the wilderness."

"Interesting" is not adequate to describe the connections we find throughout the Old Testament to the New Testament in God's Word, the Holy Bible.

The creation in Genesis 1 connected to John 1: 3 in the NT is an example. I often refer to "God-Jesus" in a prayer or sermon and Christians have asked me why I do that. It's because the Bible tells us that Jesus was God in a man's body here on earth (Isaiah 7: 14, 9: 6, John 1: 1).

Genesis 3: 15 "And I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel." This is directly referring to the disdain between Satan and Jesus and is the first of the many prophecies of Jesus' coming in the Old Testament.

Jesus' death on the cross and specifically, the shedding of His blood is connected to the Passover 1500 years before He was born. Jesus' shed blood for the remission of the sins of mankind is our blood on the doorposts and lin-

tels of the Passover. We have been rescued and set free!

Exodus 12: 7 "And they shall take of the blood, and strike it on the two side posts and on the upper door post of the houses, wherein they shall eat it."

The Hebrew people had been in Egypt for 430 years. At some point in that time the Egyptians became afraid because their numbers were increasing so prolifically, they would rise up against the Egyptians and take over the country.

This fear (at a time in that 430 years which we do not know) led to the enslavement of the Hebrews. They cried out to the Lord for their freedom because of their oppression.

God sent Moses and his brother Aaron to Egypt to broker their freedom and deliver God's spoken word to Pharaoh (king of Egypt) "Let my people go."

God hardened Pharaoh's heart so he would not release the Hebrews. To convince Pharaoh, the Egyptians and perpetually, the world and history, of God's omnipotent power, He sent plagues on Egypt.

The tenth and final of the plagues was the death of the firstborn (Exodus 11). God sent the death angel on Passover. Its purpose was to kill the firstborn of every family and their

livestock.

The death of the firstborn was the final plague and the one that convinced Pharaoh to release the Hebrews slaves.

Their release came suddenly. The significance of unleavened bread is connected to that rush to leave for Egypt. The Hebrew women traditionally made bread in the morning using yeast. Yeast causes the dough to rise.

I occasionally get in a bread making mode. My last recipe called for a two hour wait after the initial mixing. The dough literally doubled in size. Then I rolled it out, cut the rolls and wait another two hours for it to further rise. After that four hour plus wait, I place the rolls in the oven.

On the morning of the Hebrew's release from Egypt, there was no time to wait for the bread to rise; thus, the connection to unleavened bread.

The date of the Passover (because calendars did not exist as we use today) is established the same as Easter. Easter Sunday is the first Sunday after the first full moon after the spring equinox in the northern hemisphere.

Jesus' presence on Passover weekend in Jerusalem was not a coincidence. The Passover celebration was specifically recognition

of the sacrificial ritual. The crucifixion on that weekend reflects that concept.

God instructed Moses and Aaron to tell the Hebrew people to kill a one year old lamb without blemish as a sacrifice. Smear it's blood on the doorposts and lintels (door frame) of their houses and the death angel would "pass over" them.

The significance of blood is stated in Leviticus 17: 11 "For the life of the flesh is in the blood: and I have given it to you upon the altar to make an atonement for your souls." God tells us that blood is alive (with which science agrees).

Hebrews 9: 22 also (New Testament) gives us a substantiating statement "And almost all things are by the law

purged with blood; and without shedding of blood is no remission of sin."

We must acknowledge, the shed blood of Jesus is complete for eternal salvation. Jesus became the complete and final sacrifice. After the Passover, the Jewish people continued to take their sacrifices to the altar for 1500 years as an atonement for their sin.

Jesus changed all that. His blood is our atoning sacrifice. That is all we need! That is sufficient! By our faith based belief in Him, we are saved!

As we examine the scriptures and connect the dots, we clearly see the related concepts between the Passover blood and our crucified Christ Jesus. Jesus became our "blood on the

doorposts" and gave us by grace and mercy, eternal life.

Grace is the unmerited (undeserved) mercy/favor of God. We cannot earn it by our actions; only by believing in the slain lamb of God, Christ Jesus.

A question that may arise is; should Christians celebrate Passover? Celebrate may not be an applicable term but we should be aware of the significance and connection of the blood on the doorpost and our crucified Savior.

Jesus is that slain lamb that provides eternal life for the believer.

Van Yandell is a retired Industrial Arts teacher, an ordained gospel evangelist and commissioned missionary. His email is vmy3451@gmail.com

**COMMONWEALTH OF KENTUCKY  
WEBSTER CIRCUIT COURT  
CIVIL ACTION 24-CI-00187**

MID SOUTH CAPITAL PARTNERS, LP PLAINTIFF  
vs.  
TIMMY WILSON, CATINA WILSON,  
COMMONWEALTH OF KENTUCKY,  
COUNTY OF WEBSTER, DISCOVER BANK,  
UNKNOWN SPOUSE, IF ANY, OF TIMMY WILSON,  
UNKNOWN SPOUSE, IF ANY, OF CATINA WILSON DEFENDANTS

NOTICE OF SALE  
By virtue of a Judgment and Order of Sale rendered by the Webster Circuit Court on the 20th DAY OF NOVEMBER, 2025, I will on **THURSDAY, APRIL 16, 2026**, at the hour of **11:00 A.M.** or as soon thereafter as possible at the Courthouse door in the City of Dixon, Webster County, Kentucky, proceed to offer for sale to the highest and best bidder the following described real property located in Webster County, Kentucky, to-wit:

**Property Address: 212 Diamond Green Grove Road, Clay, Kentucky 42404**  
**PVA No. / Map No.: 025-034-001.**  
**The current year's property taxes will be paid by the purchaser of the property.**

Purchaser may pay cash or said property will be sold upon payment of 10% deposit, with the balance upon credit of 30 days, the purchaser shall execute a good and sufficient bond with approved surety thereon for the purchase price, the bond to bear interest at the rate of 6% per annum from the date thereof, until paid, and to have the force and effect of a judgment, but a lien shall be retained on said property to further secure the payment of the purchase price. At his option, the purchaser may pay cash or pay the bond with accrued interest at any time before its maturity. Said sale to be made free and clear of any and all liens, claims, rights, title, and interest of any and all parties to this action. The purchaser will be prepared to promptly comply with these terms or the said property will immediately be offered again for sale.

GIVEN under my hand this the 11th day of March, 2026.

STEPHEN M. ARNETT, MASTER COMMISSIONER  
4/15c

**COMMONWEALTH OF KENTUCKY  
WEBSTER CIRCUIT COURT  
CIVIL ACTION 24-CI-00174**

CAPITAL PARTNERS, LP PLAINTIFF  
vs.  
NOR FAIZAL ABDZIZ, SUSAN FAIZAL ABDZIZ,  
COMMONWEALTH OF KENTUCKY,  
COUNTY OF WEBSTER,  
INDEPENDENT CAPITAL HOLDINGS, LLC,  
CITY OF PROVIDENCE, KENTUCKY,  
UNKNOWN SPOUSE, IF ANY, OF NOR FAIZAL ABDZIZ,  
UNKNOWN SPOUSE, IF ANY, OF SUSAN FAIZAL ABDZIZ, DEFENDANTS

NOTICE OF SALE  
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**Property Address: 709 Church Street, Providence, Webster County, Kentucky 42450**  
**PVA No. / Map No.: PR6-013-010-001 & PR6-013-011.**  
**The current year's property taxes will be paid by the purchaser of the property.**

Purchaser may pay cash or said property will be sold upon payment of 10% deposit, with the balance upon credit of 30 days, the purchaser shall execute a good and sufficient bond with approved surety thereon for the purchase price, the bond to bear interest at the rate of 6% per annum from the date thereof, until paid, and to have the force and effect of a judgment, but a lien shall be retained on said property to further secure the payment of the purchase price. At his option, the purchaser may pay cash or pay the bond with accrued interest at any time before its maturity. Said sale to be made free and clear of any and all liens, claims, rights, title, and interest of any and all parties to this action. The purchaser will be prepared to promptly comply with these terms or the said property will immediately be offered again for sale.

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