



Group of area 4-H students that attended the 4-H/MSU Horse Judging Clinic.

# Local Students enjoy Horse Judging Clinic at the MSU Equine Center

By Teresa Pearson  
KPI Staff

Local students had a great day at the 4-H/MSU Horse Judging Clinic at the Murray State University Equine Center. “Thank you, Coach Sue Robinson and your students and staff, for a great experience for our 4-Hers,” said Ballard County 4-H Agent, Paula Jerrell.

Youth from as far away as Henderson

County and Logan County joined in. Other counties who came were Ballard, Calloway, Christian, Crittenden, Lyon, McCracken, and Todd. Calyn Colston, Calloway County Extension 4-H Agent, assisted Paula.

Paula says that judging helps teach decision skills and logical thinking skills. It also helps with comparative terminology. She said these are great skills to

have for judging and to help when selecting a horse.

“We appreciate the longstanding support and partnership that we have with Murray State University,” said Jerrell.

BMHS Senior and FFA President, Johnna Riggs, shadowed Paula Jerrell and had a great experience. She said, “It was a privilege to shadow Miss Paula, I really had a fun time.”



Hickman County 4-H youth had a great time at West 1 and 2 Area Teen Council. They conducted business, made a healthy pizza for supper, and practiced their communication skills by relating and debating. If you have 4-H youth in high school, be sure to join us May 12th for our Senior Send off!

2 DAY

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# The Olive Branch has moved

By Teresa Pearson  
KPI Staff

LACENTER - The Olive Branch has moved to a new location between LaCenter and Kevil.

Randy and Alicia McDaniel with Intertwined Ministries opened The Olive Branch resale shop in July in Wickliffe. They started men's and women's sober living houses in Carlisle County and then started expanding.

This ministry was started especially for the people in the sober

living houses and people who are getting out of jail, to be able to come and get furniture or clothes for a reduced price or free. However, everyone is welcome to shop and to donate.

Owner Alicia McDaniel says, “We can't wait for our faithful customers and new ones to check out all the fresh finds we've got waiting for you.”

The store is adding lots of new features, including crafts from locals.

The new address is 6236 Paducah Rd, LaCenter, KY 42056 (On

the left side when you pull up, second door from the left)

They have announced a new donation drop-off location, and you can start bringing donations as of Wednesday, March 19.

Some of the items they need are Spring and Summer clothing (all ages), Furniture, Knick-knacks and home décor. They asked that no more winter items be brought at this time.

Check them out on Facebook for more details.

# Baby Bulldogs talks about taking care of yourself

By Fulton Independent School

Fulton Independent retired educator Sherri Mercer spoke at the February Baby Bulldogs session. We had 26 children and 18 parents to attend.

In the pre-take-off announcement made by flight attendants, parents are advised, “Be sure to secure your mask before assisting others,” in the event of an in-flight emergency where oxygen masks drop. It's crucial for parents to put on their own oxygen masks before helping their children. Why is this important? If you were to lose consciousness due to lack of oxygen, who would take care of your child?

The same principle applies to taking care of your child in daily life. If you become ill from not getting enough rest, not eating healthily, or neglecting your emotional well-being, who will take care of your child then? Will anyone else be able to provide the same level of care that you do?

Taking care of yourself – self-care - is an essential part of

Jan Pearson, Baby Bulldogs Director and Sherri Mercer.

caring for your child.

Parents were given resources to help them review their self-care habits. They received a self-care bucket list with suggestions for taking time off for self-care, a workbook for evaluating their self-care levels, and various self-care activities, trivia, daily affirmations, and resources. These materials emphasize the importance of prioritizing self-care and encourage parents to spend time focusing on their own well-being.

Everyone had dinner and went home with educational toys and other giveaways. Childcare

was provided by Fulton Independent Preschool/Head Start. Special thanks to our Superintendent Mr. Terry Sullivan for attending.

I would also like to thank Kelli Craig, Stephanie Veatch, Fulton Independent Preschool/Head Start Family Service Worker, and the Fulton Independent Preschool/Head Start staff.

The next Baby Bulldogs meeting will be March 24 at Carr Elementary Cafeteria from 5-6 p.m. All Fulton families with children ages 0-5 and new/expecting parents are welcome to attend.

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