

■ Legislative

from A-4

fits. Instead of supporting teachers, it adds stress and financial risk for those planning their retirement. Despite my no vote, the measure passed 31-7.

Senate Bill 257, the Kentucky DOGE bill, seeks to create the Office of Government Efficiency within the Auditor of Public Accounts to review state agencies for cost-effectiveness and performance. It also reorganizes the Auditor's Office by adding new divisions for audits, financial management, and citizen services. Despite some concerns, I believe Auditor Allison Ball has done a good job, and given her support, I voted in favor of the bill, which passed 32-6.

Several other measures received broad or unanimous support due to their positive impact on Kentucky's economy, education system, and public safety. Some of the bills I supported during the sixth

legislative week include:

- SB 1: Establishes the Kentucky Film Office to attract film production in the state.
- SB 3: Updates Kentucky's NIL (Name, Image, and Likeness) laws for student-athletes.
- SB 68: Revises academic standards to better prepare students for success.
- SB 181: Sets clear guidelines for communication between school employees and students.
- SB 38: Authorizes the use of school bus cameras to catch drivers illegally passing buses.
- SB 117: Creates incentives for city police officers to receive advanced training.
- SB 130: Expands fraud protections including gift card scams under Kentucky's statutes.
- SB 144: Allows firearms used in homicides to be destroyed rather than resold.
- SB 218: Enhances

financial transparency requirements for local governments.

- SB 93: Expands insurance coverage for children's hearing aids.
- SB 190: Updates regulations on charitable gaming.

Each Senate measure approved now moves to the House for further debate. For an in-depth review of the bills passed thus far, I encourage you to visit the legislative record online by visiting the Legislative Record at [LEGISLATURE.KY.GOV](https://legislature.ky.gov). There, you can also review the progress of other legislation and delve into all the bills filed this session.

Time is moving quickly in this 30-day session, and with only a handful of legislative days remaining before the veto recess, we are reaching a critical phase. The Senate has spent the bulk of this session advancing its priorities, and soon we will

begin reviewing a hefty amount of bills sent from the House. This period is pivotal, as both chambers must align on key issues, negotiate differences, and determine which measures ultimately make it across the finish line.

I encourage you to stay engaged in the legislative process—your voice matters. Whether you're advocating for your community, your profession, or an issue close to your heart, your input helps shape the decisions that impact us all. Please reach out to share your thoughts and perspectives. I can be contacted by email at SD18@cm.kylegislature.gov or through the General Assembly Message Line at 1-800-372-7181. Kentuckians with hearing loss can use Kentucky Relay by dialing 711

■ Job Fair

from A-1

young people are looking to begin their career soon, and this gives businesses an opportunity to attract young talent.

"If you are looking for a job, I recommend bringing a resume with you," Nelson said. "And more than one copy because in the past we have had interviews done right on the spot."

"The great thing about our job fair is that it is absolutely free to participate for our chamber members," Nelson added. "We will provide the tables, chairs and electricity if needed, and you provide a couple of staff and applica-

tions. And don't forget to dress up your booth with a Spring theme for a chance to win a \$100 Shop Local Gift Card."

"We have a special for new businesses that want to join the chamber," Nelson continued. "It's \$100 for the first year, then adjusts the following years based on income and number of employees."

Nelson also said that a business doesn't have to be headquartered in Grayson to join the chamber, and that even if that business is centered elsewhere there are definite benefits to membership. If a non-member business

wants to participate in the job fair, then they are welcome to do so, for a fee of \$100. Some businesses might choose that second option as a means to look into what other businesses offer and also scout the available pool of potential employees.

"We still have several spots open for you to participate," Nelson said. "You can give me a call at 606-474-4401, or go to the link at <https://www.graysonchamber.com/fall-job-fair-career-expo/>."

Nelson said the Chamber of Commerce is always open to new members, and is dedicated to providing

both new and existing members with the tools and strategies to help them succeed.

"We usually have between 15 and 20 businesses participate," Nelson said. "And those businesses are everything from banking to healthcare and food service. So, there is a little bit of everything represented."

The next job fair is scheduled for the fall, Nelson said, probably around the month of September.

Contact the writer at charles@cartercountytimes.com

■ Food Pantry

from A-1

food pantry will also be having a special giveaway the weekend before the Tuesday grand opening, Wilburn said. On Saturday, March 15, they will be having a special giveaway for women.

Wilburn said the Christian Appalachian Project recently donated a lot of items that women often need, such as makeup, deodorant, and hair products.

"So, we're going to do a lady's day giveaway on March 15, and then we will open the store on March 18," she said. "And we are still doing our monthly food giveaways, so families are still welcome to shop on those giveaway days."

The older individuals they served were finding it difficult to stand in line during those giveaways,

Wilburn said. This was one of the reasons for the move to open a pantry that offered something more akin to a traditional shopping experience.

"A lot of them were using canes and some of them were using walkers," she said. "And it was hard for them to stand in line. But we built a real nice handicap ramp to the store, and are hoping that will make it easier for our seniors."

Older people coming to the food pantry don't need to be concerned about missing available products simply because they are not standing or moving through the line, Wilburn said.

"The same stuff that we have in the pickup line is in the store," she said.

Wilburn was quick to offer praise for other

churches that have jumped in to help. The Mormon Church in Olive Hill, she said, is buying coolers for the store which will allow them to store things like orange juice, yogurt, and milk for their customers. That church is also giving Daily Bread \$1,700 to purchase groceries that will be added to their giveaways and the store. There was also an anonymous donation of \$5,000 which is a major help to the pantry.

"The community has been so good," Wilburn said. "They help bag up the food and stock the food for the giveaway. We just couldn't do it without the community support."

The sense of community has been a blessing as well, she said.

"It's good to see so many different

organizations come together. It has truly been a blessing. All the different churches, like the Methodist Church and England Hill Church that comes from Catlettsburg. It's been such a blessing to get to know those people," Wilburn said. "And you see the similarities, not the differences, when we all work together. We all just want to feed hungry people."

Wilburn said that she is also very grateful to the people from Genysis Rehab who have helped her immensely with cleaning and painting.

"They have just been so good to help us," she said. "They have unloaded trucks and helped with the giveaway. They have just been amazing."

The Daily Bread Food Pantry is a good

CLASSIFIEDS

PUBLIC NOTICES

COMMONWEALTH OF KENTUCKY
CARTER CIRCUIT COURT
CASE NO. 22-CI-00383

NEW REZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING

PLAINTIFF

VS.

NOTICE OF SALE

RACHEL PARSONS, A/K/A RACHEL STEPHENS;
CACH LLC OF COLORADO; MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. AS NOMINEE FOR EVOLVE BANK & TRUST; UNKNOWN HEIRS, DEVISEES AND LEGATEES OF EDDIE PARSONS; UNKNOWN SPOUSE OF CIERRA PARSONS; UNKNOWN SPOUSE OF DESTINY PARSONS; UNKNOWN SPOUSE OF EDDIE PARSONS; UNKNOWN SPOUSE OF RACHEL PARSONS; UNKNOWN SPOUSES OF UNKNOWN HEIRS, DEVISEES AND LEGATEES OF EDDIE PARSONS; JUSTIN DAVIS; SAMANTHA DAVIS, INDIVIDUALLY AND AS EXECUTRIX OF THE ESTATE OF EDDIE PARSONS; C. P., A MINOR; DESTINY PARSONS

DEFENDANTS

Pursuant to the Judgment and Order of Sale in the Carter Circuit Court, entered on January 8, 2025, I shall offer for sale the property described herein at public auction on the Courthouse steps of the old Carter County Courthouse, 300 West Main Street in Grayson, Kentucky, on the **26th day of March, 2025 at or near the hour of 1:05 p.m.**, to the highest bidder on the following terms:

The aforementioned real estate shall be sold as a whole. The real estate shall be sold on a credit of thirty (30) days, with the privilege of the purchaser to pay for bid in cash in full, and if not paid in full then the purchaser shall make a cash down payment of at least ten percent (10%) of the purchase price to cover the costs of the judicial sale; and the purchaser shall execute a bond for the remainder of the purchase price, with good surety thereon, to be approved by the Master Commissioner of this Court, and bearing interest at the rate of 6.125% per annum from the date of the sale, until paid; additionally, a lien shall be retained upon the real estate to be sold herein, to secure the payment of the balance of the purchase price within thirty (30) days of the date of sale upon which execution may be levied by the Master Commissioner of this Court.

Description of the Property: 807 Kibbey Street, Grayson, KY 41143. (For Legal Description see LSOT: Deed Book 146, Page 791, Carter County Clerk's Office.)

Map/Parcel ID Number: 104-20-05-022.

NOTE: Only delinquent ad valorem taxes shall be paid from the sale proceeds. The Purchaser shall be responsible for payment of the taxes for the current year and thereafter.

Honorable John P. Thompson
Master Commissioner
Carter County, Kentucky

COMMONWEALTH OF KENTUCKY
CARTER CIRCUIT COURT
CASE NO. 24-CI-00223

FEDERATION OF APPALACHIAN HOUSING ENTERPRISES, INC.

PLAINTIFF

VS.

NOTICE OF SALE

UNKNOWN HEIR(S) OF SHIRLEY THOMPSON;
UNKNOWN SPOUSE OF SHIRLEY THOMPSON;
UNKNOWN OCCUPANT(S) OF 190 JONES MEMORIAL DRIVE; CONSTANCE MARIE BOGGS; UNKNOWN SPOUSE OF CONSTANCE MARIE BOGGS; CITY OF OLIVE HILL, KENTUCKY; CARTER COUNTY, KENTUCKY

DEFENDANTS

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WANTED

Local Surveyor. Wanting old plats, maps and drawings to scan. Looking for plats, maps and drawings of the Town of Grayson Kentucky, Shivel Addition and Eastern Kentucky Railroad. Please contact Donald L. Cooke P.E., L.S. at 606-474-9285 or e-mail me at donaldpels@windstream.net.

example of what can be accomplished when everyone works together toward a common goal, Wilburn said. And working together, she added, makes

the community better one family at a time.

Contact the writer at charles@cartercountytimes.com

■ Opioid

from A-3

thoughts involved. As we grow older and the part of the brain we control develop, we learn to interpret stimulus by their effects such as cold, tired, and hungry, or warm, rested, and sated. But the body is still ahead of our interpretive brain and has already sent messages that affect that interpretation.

When the external chemicals we call drugs are introduced into the body they disrupt the stream of messages to and from the nerves and other chemical messengers the body uses to operate, changing some of the body's messengers and blocking other messengers entirely. Different drugs affect different messengers, but every drug has an effect, whether it is aspirin or oxycodone. Again, we only consciously experience the effect and not the process as it is happening. But understanding that process can help us understand how the effect

happens.

When a person experiences pain, the body instantly reacts. Specialized nerve cells activate chemical messengers and send a message to the spinal cord and then to the thalamus and other areas of the brain. At that point the brain determines whether to increase or decrease pain; it can release natural painkillers (endorphins) or neurotransmitters that increase pain and/or hormones that stimulate the autoimmune system. This is a generalized example of the response, but the body reacts in this manner to protect and maintain itself.

When certain drugs called opioids (after opioid receptors present in the body) are introduced into the human body, they hijack the body so to speak. The normal function of the brain is disrupted, and it is no longer the brain that determines the response – and opioid drugs continue this process regardless of

whether or not there is any pain signal that requires a response.

Pain response is a normal function of the body, and when the brain releases endorphins (the natural painkiller) they have a calming effect and can also give us a sense of euphoria, or a sense of well-being and happiness. This is part of the brain's reward system, which further impacts our conscious thoughts, and is a mechanism that helps us move through and beyond the pain we are experiencing. In the doses the body itself measures this is normally beneficial. But when an external chemical agent such as an opioid takes control of the reward system the results can be catastrophic.

Opioids not only block pain messages, but they also force the body to release another chemical agent known as dopamine, which the body releases normally in response to pleasurable activities. So,

the opioid itself becomes the source of pleasure on a biological level and leads to addiction as many individuals seek to maintain that level of pleasure. And given that extended use of opioids leads to the body attempting to build a resistance to the foreign chemicals, more of those chemicals are needed to achieve the desired result. Unfortunately, this need

for increased dosage of opioids can lead to overdoses and death.

Recovery from opioid use and abuse can be extremely difficult as the addicted individual must consciously work to overcome something which affects them on a subconscious level. It is a painful process that sadly many of those affected do not complete. Understanding the basic

mechanics of opioid addiction is the beginning but should always be followed up by consulting medical professionals. Local hospitals and drug counseling agencies have programs specifically designed to aid in overcoming opioid use and addiction.

Contact the writer at charles@cartercountytimes.com

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On *any* device.

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