

Arrests from A-1

container in a motor vehicle, operating on a suspended or revoked operator’s license, failure to surrender revoked operator’s license, and failure to produce an insurance card, arrested and booked March 5.

- Teresa Bush, 47, of Grayson, arrested by Kentucky State Police, on five counts of failure to appear, arrested and booked March 5.
- Geoffrey Burchett, 47, of Summit, arrested by Kentucky State Police, on charges of failure to wear seat belts, no registration plates, improper registration plate, no registration receipt, improper display of registration plates, failure to produce an insurance card, failure to register transfer of a motor vehicle, driving on a DUI suspended license, and two counts of failure to appear, arrested and booked March 6.
- Andrew Porter, 40, of Olive Hill, arrested by Department of Corrections, charges unavailable, arrested and booked March 6.
- Kaitlynn Williams, 22, of Olive Hill, arrested by Rowan County Detention Center, serving a bench warrant for court, arrested February 14, booked March 7.
- Cody Lyons, 32, of Olive Hill, arrested by Kentucky State Police, on two counts of failure to appear, arrested and booked March 7.
- James Manier, 73, of Grayson, arrested by Kentucky State Police, on charges of operating on a suspended or revoked operator’s license, failure to surrender revoked operator’s license, and two counts of failure to appear, arrested and booked March 7.
- David Fink, 37, of Grayson, arrested by Kentucky State Police, on charges of driving on a DUI suspended license (with aggravating circumstances), reckless driving, operating a motor vehicle under the influence of a substance, first degree possession of a controlled substance (methamphetamine), and failure to surrender a revoked operator’s license, arrested and booked March 7.
- Dalton Thomas, 27, of Olive Hill, arrested by Carter County Circuit Court, on a hold for Drug Court, arrested and booked March 7.
- Melissa Pennington, 40, of Hitchens, self-surrender, weekender, arrested and booked March 7.
- William Linkenhoker, 52, of Grayson, arrested by Kentucky State Police, on a probation violation (for a felony offense), and failure to appear, arrested and booked March 7.
- Robert Holifield, 51, of Olive Hill, arrested by Grayson PD, on charges of disregarding a stop sign, and operating a motor vehicle under the influence of alcohol, arrested and booked March 8.
- Joshua Triplett, 38, of Ashland, arrested by Kentucky State Police, on charges of operating a motor vehicle under the influence of a controlled substance, driving on a DUI suspended license, no registration receipt, no registration plates, improper display of registration plates, failure to produce an insurance card, careless driving, failure to appear, and non-payment of court costs, fees, or fines, arrested and booked March 8.
- Amanda Bailey, 36, of Ashland, arrested by Kentucky State Police, on a charge of first degree criminal abuse of a child 12 or under, arrested and booked March 8.
- Eric Taylor, 42, of Lexington, arrested by Carter County Sheriff, on a probation violation (for a technical violation), arrested and booked March 8.
- John Steiner, 58, of Hitchens, arrested by Grayson PD, on charges of operating a motor vehicle under the influence of a substance, third degree possession of a controlled substance (drug unspecified), and prescription not held in proper substitute container, arrested and booked March 8.
- Dorothy Sparks, 38, homeless, arrested by Carter County Sheriff, on a charge of contempt of court – libel/slander – resistance to order, arrested and booked March 9.
- Reba Click, 37, of Olive Hill, arrested by Kentucky State Police, for non-payment of court costs, fees, or fines, arrested and booked March 9.
- Windy Reaper, 49, of Grayson, arrested by Carter County Detention Center, on a hold for Drug Court, arrested and booked March 9.
- Jesse Wilson, 42, of Olive Hill, arrested by Carter County Sheriff, on a charge of public intoxication on a controlled substance (excludes alcohol), arrested and booked March 9.
- Shawn Ison, 31, of Olive Hill, arrested by Grayson PD, on a charge of failure to audit/misuse of funds relating to license plates, arrested and booked March 9.
- Jacob Ruth, 46, of Grayson, arrested by Grayson PD, for failure to appear, arrested and booked March 10.
- Lethia Arthurs, 38, of Olive Hill, arrested by Kentucky State Police, for non-payment of court costs, fees, or fines, arrested and booked March 10.
- Cassandra Hall, 29, of Olive Hill, arrested by Kentucky State Police, on a charge of flagrant non-support, arrested and booked March 10.

All of the charges listed are arrest charges only, and do not indicate an indictment or a conviction for the charges in question. All subjects are considered innocent until proven guilty in a court of law.

Information is compiled from publicly available sources, but may not be comprehensive.

# The problem within the problem

## Our brains and the opioid recovery process

By Charles Romans  
*Carter County Times*

Human beings categorize things in terms of good or bad, better or worse, pleasant or unpleasant. A

cool breeze on a hot day for instance is considered good, whereas the same level of wind on an already cold day is generally considered unpleasant. This is a normal reaction based on external factors (in this case, wind) and how those factors impact our experience. We feel comfortable or uncomfortable depending upon our environment; but our conscious experience is dependent upon an unconscious reaction.

The human nervous system is a complex series of physical nerves and chemical transmitters that run throughout our body, receiving messages, or stimuli, that send information to our brains. The brain then sends messages back through the nervous system that tells the affected part of the body how to react. Some of those reactions are minor and others are a major reaction, but every reaction

has a purpose. Inflammation, for instance, though sometimes quite painful, is a function of the body’s attempt to heal itself. All of these processes occur without our own conscious thought. In spite of our brain being directly involved, we have no awareness of the process, only the effect. An infant reacts when it is uncomfortable or hungry, but there are no deliberate

See OPIOID on A-6

Septic from A-2

of a conventional septic system. It provides final treatment of wastewater. The more water used in the household, the greater the possibility of having problems with the drainfield. Careful and regular maintenance of the tank extends drainfield life. Water conservation reduces the amount of wastewater delivered to the drainfield. Keeping faucets and toilets from leaking with periodic checks and repairs certainly reduces wastewater. Do not allow foundation drains, roof gutters and other surface waters to enter the septic system. Be aware of products or household systems that can damage or reduce the effectiveness of the septic system. Reducing garbage disposal use reduces the amount of solids going to the septic tank. Households with garbage disposal units

produce about double the solids as those without such units. The scum layer on top of the wastewater in the septic tank is primarily made up of oils, fats and grease from the kitchen. When homeowners use hot water to flush grease or fat down the drain, it may pass through the tank directly into the drainfield lines where it can rapidly clog soil pores. Placing even small quantities of pesticides, paint thinners, solvents, drain cleaners, poisons and other harsh household chemicals into the septic system can kill the microbes in the tank and drainfield that decompose solids and purify the wastewater. Unfortunately, some organic solutions are not treated in the septic tank and can flow directly into the drainfield where they are not effectively

treated by the soil before reaching the groundwater. You need a generic groundwater protection plan for all septic systems in Kentucky, which you may find at your local county extension office, local libraries and most local health departments. Questions related to these plans should be addressed to the Kentucky Division of Water. For more information, please visit https://water.ca.uky.edu/content/septic-systems or contact the Carter County Cooperative Extension Service. For more information about pest prevention and management, contact your Carter County Cooperative Extension Service. Educational programs of the Cooperative Extension Service serve all people regardless of economic or social status and will not discriminate on the basis of

race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expressions, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability

**Upcoming Events:**

- Backyard Apple & Pear Care – Monday, March 17th @ 6:00 PM – Cost is \$40 and participants receive either two pear or apple trees. Call 474-6686 to register.
- Hike & Learn – Friday, March 21st @ 1:00 PM – Carter Caves State Resort Park
- Northeast Area Livestock Association - Tuesday, March 25th @ 6:00 PM – Topic: 2025 Eastern KY Hay Contest...Developing a Strategy to Win
- Starting Seeds Lunch & Learn – Friday, March 28th @ 11:30 AM

# CALENDAR

- **3/12: Girl Scouts meeting @ 5:30 p.m.** | Carter County Public Library - Grayson
- **3/14: Women's Meeting @ 12:30 p.m.** | New Hope Church of God of Prophecy, Grayson
- **3/15: Friends of the Library meeting @ 5 p.m.** | Carter County Public Library - Olive Hill
- **3/17: Quilts for Veterans Sew Days @ 9 a.m.** | Carter County Extension Education Center | For questions call 606-474-6686
- **3/17: Homeschool group meeting @ 12 p.m.** | Carter County Public Library - Grayson
- **3/17: Carter County EMS Board Meeting @ 4 p.m.** | Carter County EMS Station
- **3/17: Backyard Apple & Pear Care @ 6 p.m.** | Carter County Extension Office | Cost: \$40. Participants receive either two pear or apple trees | Call 474-6686 to register
- **3/17: Carter County Board of Education @ 6 p.m.** | Carter County Board of Education office
- **3/18: Olive Hill City Council @ 6 p.m.** | Olive Hill Senior/Community Center
- **3/18: Homeschool group meeting @ 6 p.m.** | Carter County Public Library - Olive Hill
- **3/20: Community Baby Shower @ 10 a.m.** | Carter County Extension Office
- **3/20: Grayson Book Club @ 6 p.m.** | Carter County Public Library - Grayson
- **3/20: Olive Hill Area Chamber of Commerce meeting @ 6 p.m.** | Giovanni's Pizza
- **3/21: Sit and Sew @ 9 a.m.** | Carter County Extension Education Center | For questions or to RSVP call 606-474-6686

Have an event to add to the calendar?  
Email info to [advertise@cartercountytimes.com](mailto:advertise@cartercountytimes.com)

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# Pet of the Week

Tabor is a female lab mix, believed to be around three-years-old. This good girl is very friendly, gets along well with other dogs, and walks on a leash. Her \$100 adoption fee includes rabies vaccination and being spayed. Stop by the Carter County Animal Shelter and meet her or call 475-9771 for more information. Shelter hours are Monday through Friday 8 a.m. – 4 p.m. and Saturday by appointment.

CITY OF GRAYSON

CODE ENFORCEMENT

If you are planning on building in the city limits of Grayson, a building permit is required and you must first apply for the permit and submit building plans.

This includes commercial, residential, etc. properties including any alterations to a current structure and the building of new structures.

Other projects that require a permit are improvements such as porches, decks, fences etc. Signs in the city also require a application and permit.

Any contractors operating in the city limits are required to obtain a business license and remit employee documentation.

Code Enforcement will also be targeting parking violations with special focus, but not limited to, handicap parking spots and Fire Lanes.

**Please contact Grayson Code Enforcement Officer Joe Hammer with any questions or assistance in obtaining the proper permits between the hours of 8 AM to 4 PM Monday – Friday in person at 302 E. Main St. Phone (606) 474-6651. You can also contact by email at [jhammer@graysonky.net](mailto:jhammer@graysonky.net)**

EXPECT MORE

We are Here for You.

Extended Drive Thru Hours –

7am till 6pm Monday thru Friday

7am till 1pm Saturday

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