

Love Gives, Lust Takes

By Van Yandell

Romans 5: 8 “God commendeth his love toward us, in that, while we were yet sinners, Christ died for us”

Advice we occasionally hear given to young people is, “Don’t confuse love with lust.” Lust is usually associated with sexual desires. Our physical bodies cause us to do many things we later regret and the powerful sexual desire of humans at times affects our ability to reason rationally.

The word love is often confused. Eros love is a love between a husband and wife and not to be confused with agape love. Agape love is actually the highest form of love. God’s love for His creation is demonstrated in this definition. Jesus demonstrated this selfless sacrificial love on the cross.

Lust of course, can be for riches, power or prestige. A strong insatiable desire for anything that causes one to act irrationally to be satisfied can be classified as lust.

Exodus 20: 17a “Thou shalt not covet.” Coveting is very closely connected to lust. In many cases, they may be exactly the same. Our desires can very easily overreach into sin.

Lust is of the body and love is of the heart. Lust is a physical, desire, while love is a deeper, more emotional and committed feeling.

Lust could never provide the commitment as does actual love. Lust is selfish and immediate while love is selfless and patient.

Many non-believers in the world consider the story of Jesus giving Himself as a sacrifice for the sins of all mankind to be an irrational, illogical belief. Why would, how could the Creator of all things do such a thing?

This is where the difference in Christianity and some of the other world religions begin to separate. Whereas Christianity is about God’s love for His creation (mankind), various other religions are about power, selfishness, hatred, human sacrifice or man’s actions to gain eternity.

We do not have eternal salvation by what we may do but by what Jesus did. His sacrificial shedding of blood became the sacrifice for the sins of all.

John 15: 12-14 “This is my commandment, That ye love one another, as I have loved you. Greater love hath no man than this, that

a man lay down his life for his friends. Ye are my friends, if ye do whatsoever I command you.”

The American military service men and women, firefighters and police officers lay their lives on the line every day. Many jobs are more than a paycheck and “life on the line” is an every day existence.

1 Corinthians 13:4-8 (Living Bible) “Love is very patient and kind, never jealous or envious, never boastful or proud, never haughty or selfish or rude. Love does not demand its own way. It is not irritable or touchy. It does not hold grudges and will hardly even notice when others do it wrong.”

This definition of “love” given by the Apostle Paul makes a statement all need to hear and heed. When we think of love and it does not conform to this description in 1 Corinthians, perhaps we should re-examine our personal definitions of love.

Perhaps Paul’s thoughts concerning love and many world religions not practicing these simple concepts explains why the world is in such chaos today. The presence of love would not include the

wars and many illegal activities happening in our world today.

Many resent the Christian concept of the urgency of promoting the Gospel of Christ Jesus. The vast misunderstanding is because teaching the love of Christ is an act of love.

I will never forget talking to a man in a (mostly) non-Christian country. After explaining the path to eternity through belief in Christ, he asked me, “What does it cost?” He thought I was trying to sell him something.

When I told him it was a free gift from God and I was there because the Bible commands that I do so, he was at a loss for words.

We tell others about the saving power of our Jesus because He has commanded us to do exactly that (Matthew 28: 18-20 and Acts 1: 8). Secondly, because we are Christians we are

commanded to love all mankind.

John 13:34 “A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another.” This cannot be interpreted as loving only those we personally know but all the world’s people. Because of this we go to “the uttermost” (Acts 1: 8) to preach and teach.

John 13:34-35 “By this everyone will know that you are my disciples, if you love one another.” Loving all people demonstrates to the world we are not only believers but also followers of the Lord Jesus.

John 3:16 “For God so loved the world that he gave his only begotten Son, that whosoever believes in him shall not perish but have ever lasting life.” John clearly states in repeating the words of Jesus

that “God so loved the world.”

With the approaching Christmas season, we are reminded by the sights and sounds of God’s love for us. The birth of the Christ child was the beginning of the redemption of man. Since the “fall of man” (Genesis 3), man has had the need to be redeemed and Jesus provided that.

We must always teach that eternal salvation is attained by a faith based belief (Ephesians 2: 8) in Christ Jesus crucified (Matthew 27: 35) for the remission of sin (1 John 1: 9), resurrected (Matthew 28: 6) and ascended alive into Heaven (Acts 1: 9).

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Notable Statistics About CPR

Knowing how to respond when confronted with a medical emergency is vital knowledge that can save lives, including one’s own. Emergency medical personnel like EMTs and first responders in law enforcement are trained in skills like CPR, which the American Heart Association notes can double or triple a person’s chances of survival when he or she goes into cardiac arrest. That’s just one of many notable statistics related to CPR and underscores just how beneficial it can be for more people to learn this valuable, often lifesaving procedure.

The AHA reports that more than 356,000 out-of-hospital cardiac arrests (OHCAs) occur annually in the United States. Such emergencies predominantly occur in homes/residences, but cardiac arrest can affect anyone at any time and at any location. Learning CPR may help to save a life at home or in public.

Nearly 90 percent of all OHCAs end in death. That figure could decrease dramatically if more people learned CPR.

The 2023 Heart Disease and Stroke Statistics report from the AHA indicates that just 40 percent of people who experience an OHCA receive bystander CPR.

OHCA occurs more frequently in the workplace than people may realize. According to the United States Occupational Safety and Health Administration, roughly 10,000 incidents of cardiac arrest occur in the workplace in the U.S. each year.

Automated external defibrillators (AEDs) are lifesaving devices that help to return heart rhythms to normal when individuals go into cardiac arrest. Despite the lifesaving potential of AEDs and prevalence of workplace instances of cardiac arrest, data

from the AHA indicates that only 50 percent of people can locate an AED at work.

The AHA reports that 55 percent of workers in corporate offices, the hospitality sector, education, and industry/labor cannot get first aid or CPR or AED training at work.

The AHA trains more than 22 million people across the globe in CPR each year.

CPR is a potentially lifesaving procedure that anyone can learn. More information about CPR and where to seek training is available at cpr.heart.org.

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4-H NEWS

UNIVERSITY OF KENTUCKY • COLLEGE OF AGRICULTURE

BY

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COUNTY EXTENSION AGENT FOR 4-H

Be Environmentally Friendly This Holiday Season

We often associate environmental awareness with springtime, but you can make eco-friendly choices all year long, especially during the holiday season. According to the Environmental Protection Agency, household waste in the United States increases by approximately 25% between Thanksgiving and New Year’s Day, amounting to nearly 25 million tons of additional garbage.

Holidays provide a perfect opportunity to reduce waste while also getting young people excited about caring for the environment. With a little creativity, families can enjoy the season, honor traditions and show loved ones they care—all while making sustainable choices.

Choose Thoughtful, Low-Waste Gifts - Instead of traditional presents, consider donating to a charity that is meaningful to the recipient. Not only does this minimize waste, but it also helps support a worthy cause. Parents can also encourage children to give the gift of their time—babysitting, helping with chores or running errands. Experiences such as movie nights or cooking together make meaningful and memorable gifts, especially for seniors who enjoy companionship.

Create Homemade Gifts - Help children get creative by making

scrapbooks, photo albums, or family-favorite recipe books. Baking homemade treats together is another fun activity that results in heartfelt, personal gifts.

Reduce Shopping Waste - When heading out to shop for gifts or holiday meal ingredients, bring reusable shopping bags to cut down on single-use plastics.

Gift wrapping can also be made more eco-friendly. Encourage children to package items using reusable materials like dish towels, beach towels, backpacks or reusable tote bags. These alternatives reduce waste and provide an extra useful item for the recipient.

Decorate Naturally - Children can gather pinecones, branches and other natural materials from the backyard to create festive, compostable decorations. These DIY projects are fun, attractive and environmentally friendly—and they help reduce reliance on plastic, store-bought décor.

This holiday season, small changes can have a big impact. By involving children in eco-friendly traditions, families can celebrate joyfully while also caring for the planet.

For more information on greening up your holidays, contact the the Union County Cooperative Extension Service.

Hoodies For The Holidays

Union County 4-H

Hoodie Drive – Hoodies for the Holidays-The Brave Way! This holiday season! Union County 4-H is collecting new hoodies to help keep UCMS and UCHS Braves students who need a little extra comfort this winter. Join us in spreading kindness and warmth. Together, we can make a difference for Braves families in need. Accepting donations through December 12, 2025. Hoodies may be dropped off at the Union County Extension office, 1938 US Hwy 60 W, Morganfield, KY 42437. Contact Annette Buckman for more information.

Follow Us On Facebook!

To keep up with all the fun events happening in the Union County 4-H Program follow Union County 4H on Facebook for all the latest news, events, and information about 4-H. There you will find interesting articles related to youth/4-H and much more!

POSITION AVAILABLE

The Union County Fiscal Court is accepting applications for a Full-Time Park Manager position at Moffit Lake.

Applications can be picked up and turned in at the Union County Judge/Executive's Office located at 100 West Main St., Morganfield, KY 42437. They may be obtained via email by emailing jill.hunley@unioncountky.gov or on the County's website at www.unioncountky.org. Applications will be accepted until December 12, 2025.

The Union County Fiscal Court is an Equal Opportunity Employer: All applicants are considered for employment without regard to race, color, national origin, religion, sex, age, veteran status, or disability.

12/10c

PUBLIC NOTICE

AMENDED ORDINANCE 05-10-2010

The City of Uniontown has amended Ordinance No. 05-10-2010 to allow golf carts to be driven at night on city streets. The revised copy of the ordinance can be viewed in its entirety at City Hall during regular business hours, Monday thru Friday, 8:00 A.M. to 4:00 P.M.

1tc

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