

KBC donors can win free Texas Roadhouse for a year

Kentucky Blood Center
TRI-COUNTY — Kentucky Blood Center’s Summer of Saving continues with a chance for donors to win free Texas Roadhouse for a year just by donating blood.

One lucky donor who gives blood through July 31 will win 52 \$40 Texas Roadhouse gift cards. Donors at these upcoming drives will be entered into the giveaway:

- Monday, July 14, 1:30-6:30 p.m., Laurel County Annex Community, 107 S. Broad St. in London.
- Wednesday, July 16, 10 a.m.-12 noon, Dayspring Health, 1047 S US 25W in Williamsburg.
- Wednesday, July 16, 2-4 p.m, Williamsburg Fire Department, 845 US 25 W South in Williamsburg.
- Friday, July 18, 1:30-5:30 p.m., First United Methodist Church Fellowship Hall, 312 N. Main St. in Barbourville.

Rules and conditions can be found at kybloodcenter.org/events/summer-of-saving-win-free-texas-roadhouse-for-a-year.

All donors will receive a free appetizer coupon from Texas Roadhouse and a “Stay Peachy” T-shirt from KBC. All thank you items are while supplies last.

KBC needs loyal lifesavers to step up during the summer months when donations decrease as the need often increases. As a thank you for helping the local blood supply, KBC is offering cash-saving incentives throughout the summer.

Blood donors must be at least 17 years old (16 with parental consent), weigh at least 110 pounds, be in good general health, show a photo ID and meet additional requirements. Sixteen-year-old donors must have a signed permission slip, which can be found at kybloodcenter.org.

Appointments are preferred but walk-ins are welcome. To schedule a donation, visit the website or call 800-775-2522.

TV show casting in Corbin aims to transform lives, spotlight community

By Macee Swafford
Staff Writer

A nationally televised opportunity is coming to Corbin, and it’s offering 100 local residents the chance to take part in a transformative journey centered on health, personal growth and community spirit.

Casting producers from a major television network — led by the creator of The Biggest Loser — will be holding an open casting call at Corbin City Hall this Thursday from 12 p.m. to 3 p.m.

The show, still under wraps, aims to not only change individual lives but also spotlight and uplift the community as a whole.

Ajay Rochester, host of The Biggest Loser Aus-

tralia, bestselling author, and one of the executive producers, is helping lead the project. She shared her excitement about being in Corbin during this unique moment.

“We are so excited,” said Rochester. “Corbin is a beautiful, thriving town. The plans that the city has for growth, and inclusivity for everyone that lives here is amazing.”

The upcoming series will feature 100 individuals from Corbin and surrounding areas who are ready to make a life-altering change. Participants chosen may receive cash prizes, exclusive opportunities, and invaluable guidance toward healthier, more fulfilling lives. But, Rochester empha-

sized that the impact goes beyond the participants themselves.

“The beautiful thing is that yes, we are going to help transform people’s lives and health,” Rochester said. “But the town gets to benefit from it. This opportunity is shining a light on a small town, which often gets bypassed by highways and other major cities.”

The application portal is now open at www.transformation.castingcrane.com. Community members who are interested, or know someone who might be, are encouraged to apply as soon as possible.

For more information, those interested can contact Corbin Casting at (310) 697-6421.



PHOTO BY MADISON NANTZ

Protestors stand in front of the Laurel County Courthouse with signs in hand.

PROTESTORS

Continued from page 1A

of Americans,” Martin commented. “It will take foods out of the mouths of children. It’s going to be shutting down several rural hospitals in the state of Kentucky alone. It’s also devastating for the environment and global climate change.”

“All of these problems have been pushed on brown and black folks crossing the border, and trans individuals like myself,” Fields added. “In the meantime, they are using that anger to take the focus off real issues like the people of Appalachia losing their Medicare

and Medicaid, among other benefits. It will be devastating to this region.”

Saturday’s protest was held outside of the Laurel County Courthouse. Among attendees was Prestonsburg attorney Ned Pillersdorf. Pillersdorf announced his congressional campaign just a day prior, challenging longtime U.S. Representative Hal Rogers, and saw the protest as an opportunity to get his name out there as well as thank protestors for their efforts.

“I love these people, that they’re resisting, and that they care about the future of our congressional district,” Pillersdorf commented.

Pillersdorf, running as a Democrat, said Congressman Rogers “voted to gut Medic-

aid, Medicare, food stamps, and take away money from cancer research.”

“His vote will make the poor poorer and the rich richer,” Pillersdorf stated.

He also noted Congressman Rogers’ age — 87 — whereas he is 70 years old.

The protest itself featured a variety of age groups, from teenagers to others in their 70s.

Lisa Adams, a 57-year-old U.S. Navy veteran, is opposed to Trump’s administration as a whole.

“He’s taking away the rights and liberties of Americans,” Adams said. “I’m a veteran so I’m plumb against that.”

Adams shared that one of her primary concerns is the U.S. Supreme Court’s ruling in Trump v. United States that a former president has absolute immunity from criminal prosecution for official acts taken while in office.

Adams also commented on the “Big Beautiful Bill,” which focuses on federal spending and tax provisions.

“The vast majority of what’s on that bill is not good for Americans — especially here in the poorest parts of Appalachia,” she said.

As for what she hopes to see come of KY Resist’s protests across the state, Adams said, “A lot of people are not political. They don’t realize what is happening, but the people that drive by, if they see us out here, maybe they’ll get involved. Maybe they’ll get research and do their due diligence,” noting the impact of protests against the Vietnam War in the 1960s.

Liz Michael, 72-year-old founder of Millstone Community Theatre, was also in atten-

dance. Michael said the Trump administration’s stance on immigration “concerns her greatly.”

“They’re not just going after criminals. They’re going after anyone that’s brown-skinned and it’s just not right,” she said.

Michael’s sign read: “NO KING.” The event marked her first time attending a protest.

“I just think we need to stand up and let people know that we’re opposed to what’s going on,” Michael stated. “We do not want a dictator running our country. Stand for our civil rights.”

Anne and Edmund Shelby, both 76, attended to set an example for others.

“We think that there are really a lot of people who are deeply concerned about things Trump has done and is threatening to do but are afraid to say so,” Ms. Shelby said. “We wanted to come out and encourage them and let people know that, even though we live in a heavily Republican area, not everybody agrees with what Trump is doing and that it’s going to affect this area so badly.”

As the protestors chanted with their signs in hand, several drivers gave an approving horn honk and thumbs up as they passed the gathering while others shared their disdain with the finger.

Available for sale at the event were t-shirts, tote bags, pens, keychains, hair-bows, and bracelets. Free beverages were also provided.

To learn more about KY Resist or find out where to catch its next protest, visit <https://kyresist.wordpress.com/>.

NEWS

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: BRITISH SECURITY SERVICE

18-wheeler B-52 Figure 8 Omega-3
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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Foot is moved. 2. Tree is moved. 3. Rock is moved. 4. Mountain is different. 5. Ear is larger. 6. Fingers are different.

STICKELERS [sic] by Terry Stickels

Match the words on the left with their respective meanings on the right.

1. perfidy a. green with vegetation
2. intransigent b. superficial; cursory
3. perfunctory c. complaining
4. verdant d. treachery
5. querulous e. stubborn; unyielding

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Sticklers Answer

1-d, 2-c, 3-b, 4-a, 5-e

Mini Jokes

Ira: Why did the ice cream truck break down?
Isabel: Because it had a rocky road!