



Teri Ford, above left, was presented the Farm-to-Fork Woman in Agriculture award by Mayor Rita Dotson.



Jeff Futrell, above left, was presented the Farm-to-Fork Farmer of the Year award by Benton Councilman Darryl Carr.



Ryan Brown, above left, was presented the Farm-to-Fork Junior Farmer of the Year award by Mayor Rita Dotson.

Community gathers to celebrate farmers and supporters of agriculture

Community gathers to celebrate farmers and supporters of agriculture continued from page 1.

for his deep-rooted commitment to farming, family, and community. Agribusiness of the Year: GCF Angus, Dale Gold

Celebrated for producing high-quality Angus

beef and upholding the highest standards in local agribusiness.

Woman in Agriculture: Teri Ford

Recognized for her work with Grace Garden at First Presbyterian Church in Calvert City, where she has inspired others through gardening education and com-

munity involvement.

Young Farmer of the Year: Tyler McKenty

Honored for his leadership as Operations Manager at West KY Aquaponics and his contributions to sustainable agriculture.

Junior Farmer of the Year: Ryan Brown

At just 9 years old,

Ryan was recognized for his entrepreneurial spirit, having successfully grown and sold pumpkins, popcorn, and potatoes.

Appreciation Award: Ron Davis

A special acknowledgment was given to Ron Davis for his ongoing support of the Farm to

Fork Dinner, including securing donations, sponsorships, and serving as a vital link to the local farming community.

The Farm to Fork Dinner continues to serve as a powerful reminder of the vital role agriculture plays in Marshall County and the people

who work tirelessly to sustain it. This annual event continues to highlight the importance of agriculture in Marshall County. “Farming is not just a way of life—it’s the foundation of our community, and this dinner is our way of saying thank you.”

Dems show up for Bean Dinner

Dems show up for Bean Dinner continued from page 1.

Lt. Gov. Jacqueline Coleman opened her remarks to the crowd by saying she wasn’t on the ballot this year but that 2027 might bring her back to Fancy Farm. She reminded the crowd that the last time she spoke at the bean dinner she broke the news that she was expecting a baby. She said, that baby, her daughter Evelyn would start kindergarten in two weeks.

Coleman, ever the former school teacher, launched into her speech by saying they defeated the most anti-education governor ever. She pivoted from education to her recent visit in eastern Kentucky where she helped raise the final wall on a new home for flood victims. Then she credited the Beshear/Coleman administration with 65,000 new jobs and \$35 billion in private investment in the state.

Coleman criticized the Kentucky General Assembly Republican super majority as not supportive of education and her solution to that

problem was to elect more Democrats across the state. Coleman said, “We need more good people to run for election.”

She also reminded the audience of the hit that Kentucky hospitals and Medicaid was taking from the Republicans in Congress. She said we must leave here tonight with a renewed sense of purpose. She like others who spoke reminded the crowd that showing up matters and that it isn’t just votes that count but values.

Blair Hayden the Executive Director of Emerge KY brought an overview of that organization’s efforts to train women to win political races. She said Emerge was founded by a woman from Paducah and that currently Emerge was active in 28-states.

Kentucky’s Democratic Party Chairman Colmon Elridge, who is by any standard a masterful public speaker, stepped up to the podium and told the audience that Donald Trump and Linda McManus had turned the lights off on Sesame Street. He continued by saying they should have to explain that to a sev-

en-year-old child.

Elridge talked about the two different versions of ourselves that he could see in the mirror. He said that first he saw the person weary with broken promises and constant attacks, but he said he could also see the fight in us. He said Democrats don’t have time to find fault with election losses. He said those in control of the government were seeking to destroy the fabric of our communities.

He also asked, “Is the government there for the people or is it against them?” He told the group they were called to come together to build a new party.

Elridge turned his attention to the gathering at Fancy Farm on the following day. He said there would be some there that would talk about loving their neighbor while they were trashing their neighbor. He continued to say that tomorrow they will call me and the governor everything but a child of God.

Elridge said the Democratic Party was going back to the basics, but that it would be 21st Century basics.

He told the audience there were no kings in this country, and they had to act because someday they could tell their grandchildren “They did something to save this country.”

In closing Elridge told the crowd, we have got to make sure the next President is a Democrat and that the next President is a governor from Kentucky.

The turn out for the bean dinner was still a topic of discussion the following night. Benton Mayor Rita Dotson, one of the few Democrats still holding office in Marshall County, wasn’t at the bean dinner but she said Saturday night at the Farm-to-Fork dinner that she had heard about the turnout for the bean dinner. Dotson also is well acquainted with some of the new faces in the county Democratic party and complemented them on their efforts.

Having a lot of people show up to eat beans and listen to political speakers isn’t the same as winning elections, but it is clear local Democrats have reformed. They aren’t the same people; they have different ideas and are willing to put

skin in the game. They are organized and making broader contacts,

things have changed in Marshall County’s Democratic party.

FINANCIAL FOCUS®

Why rebalancing your portfolio matters — and how to do it

In life, balance is everything — whether it’s finding time between work and family or maintaining a healthy diet. The same goes for your investments. Keeping your financial portfolio balanced is a smart way to stay on track toward your long-term goals, even as the markets shift.

That’s where portfolio rebalancing comes in. Rebalancing is the process of adjusting your investments — like stocks, bonds and cash — so they stay in the right mix for your needs. This mix, known as your asset allocation, is designed to reflect your comfort with risk, your investment goals and how long you have until you’ll need to use the money for a major life event like retirement or the purchase of a new home.

For example, let’s say your target portfolio is made up of 60% stocks, 30% bonds and 10% cash. Over time, as the value of each investment changes, your portfolio may become unbalanced. If stocks have a great year and rise in value, they could end up making up 70% of your portfolio. That means you’re taking on more risk than you originally intended.

To get back to your 60/30/10 target, you would sell some stocks and possibly buy more bonds or cash investments. This helps bring your portfolio back in line with your goals.

Markets go up and down. That’s normal — but it also means your portfolio can shift without your even touching it. If you don’t rebalance regularly, you might be taking on too much (or too little) risk.

Rebalancing offers several benefits. It helps keep your investment plan on track and manages your exposure to risk. It also encourages disciplined decision-making, rather than chasing trends.

It might feel strange to sell investments that have been doing well and buy ones that haven’t. But this strategy can help you “buy low and sell high,” which is one of the key ideas behind successful investing.

You may be wondering how often you should rebalance your portfolio. There really is no one-size-fits-all answer. Some people rebalance once a year. Others do it more frequently based on how far their investments drift from their target percentages.

What’s important is that you check your portfolio regularly — at least annually — and make adjustments when needed. After big market movements, whether up or down, it’s a good idea to take a closer look.

Keep in mind that if you rebalance by selling investments in a taxable account, you might owe capital gains taxes. Also, some brokers charge fees for trades. But if you own similar investments in a retirement account like an IRA or 401(k), you can often rebalance without triggering taxes. A financial advisor can help you choose the best approach — and may even be able to help you avoid or reduce costs.

Your ideal investment mix will probably change as your life changes. Younger investors might favor stocks for growth. As you near retirement, you may want to focus more on income and stability.

Rebalancing helps you adjust as your goals evolve.

Think of your portfolio like a car on a road trip — regular check-ins and small course corrections will help you stay on the right path. A financial advisor can help you design a strategy that keeps your investments aligned with your goals every step of the way.

Permits and inspection fees to jump

Permits and inspection fees to jump continued from page 1.

the position. The court then approved Bingham for the position.

The court also approved a resolution to apply for a grant for the Senior Citizens Building. Judge Executive Kevin Spraggs told the court he had spoken with State Representative Chris

Freeland and State Senator Danny Carroll to get their support for state funding for the project.

Judge Spraggs also updated the court on the progress of a grant for the concession stand project at the Miracle League Park, which he said was stalled on the Federal level.

The court also agreed to advertise for bids for

a pavilion for the park. The agreed to reschedule their September 16, 2025 meeting to September 15, 2025 at 9 a.m.

County Parks Director Brittney Moss updated the court on programs at the park and introduced two interns who have been working at the park this summer. They talked about what they have been doing with the

Miracle League program and other park activities.

The court also approved the sale of surplus culverts that they had received sealed bids on. They also approved the purchase of a new tractor for the road department at a cost of \$166,800 from Ag Revolution.

Calvert man identified as person in death investigation

A Calvert City man has been identified by the Kentucky State Police (KSP) as the deceased individual found last Thursday, July 31, 2025 near North Livingston Elementary School.

Saturday, August 1, 2025 KSP said the man

found dead at the school was Ethan Schriner, 30, of Calvert City.

KSP said the results on an autopsy conducted on August 1, 2025 are pending and that the investigation is ongoing. KSP declined to release any further information

about Schriner death.

The investigation of Schriner’s death began on July 31, 2025 when KSP was notified just after 1 p.m. that a deceased male had been found in a grassy area just North of the school which is located North of

Smithland on US 60.

KSP said in their original release about the death investigation that the person who was found was not a school employee or a student of the school district.

Letters to the Editor

may be submitted by email to: news@thelakenews.com or mailed to: The Lake News, P.O. Box 498, Calvert City, KY 42029.

All letters must be submitted with Name, City, State and Phone Number. Letters limited to less than 250 words.

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