

Lunch Break Gardening Series

The Wednesday, April 2nd Lunch Break Gardening Series event held by the Marshall County Extension Agriculture and Natural Resources in Benton will begin at 12:15 - 12:45 with the topic, Tool Sharpening. Join Matt Chadwick, Extension Agriculture Agent, as he discusses & demonstrates his favorite techniques for sharpening his garden tools! Stop by on your lunch break the 1st Wednesday of each month for gardening workshops. \$12 per person and lunch is provided from a local restaurant. Must RSVP by March 28. Call 270-527-3285. Located at 2081 Mayfield Highway, Benton.

Extension Office Open House

Everyone is invited to attend the open house of the new location of the Marshall County Extension Office on Thursday, April 3, from 4-6 p.m. to see and tour the new and improved facilities. Event by Marshall County Extension Agriculture and Natural Resources. Located at 2081 Mayfield Highway, Benton, KY.

COMMUNITY FISH FRY

Knights of Columbus Fish Fry will be every Friday from 4-7 p.m. at St. Pius Catholic Church in Calvert City, 5th Ave. Dine in or call to order at 270-395-5747 for carry out. \$15.00 gets you Fish & Sides, Chicken & Sides or Shrimp & Sides. Mix and match. Sides are baked potatoes, slaw, hushpuppies, beans, plus a drink and a dessert.

American Legion Post 236 meetings

American Legion Post 236 Calvert City will have monthly meetings will be the first Monday of each month at 5:30 p.m. at the post on Highway 95. For more info or Service Officer assistance call Michael Gordon at 270-703-7320 or email SOLegion.236@gmail.com

Marshall County Schools Kindergarten Kickoff March 31

The first kindergarten event for Marshall County Schools will be held at each elementary school on Monday, March 31, 2025 from 5:00 p.m. to 7 p.m. Incoming Kindergarten students and parents, please make arrangements for siblings. Contact your school for more information or visit www.marshall.kyschools.us

Sign up for West KY 4-H Camp

Marshall County students between the ages of 9-14 (as of 5/27/25) are eligible for 4 fun days and 3 nights at West Kentucky 4-H Camp in Dawson Springs from Tuesday, May 27 - Friday, May 30. Cost is \$250 per camper and financial related scholarships are available. Registrations due to Marshall Co. Extension Office by Wednesday, March 26. Camper registration forms are available from your school office.

The Lake News



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Say Yes to Being Healthy with Yoga

Grab your yoga mats and get ready to move with grace every Tuesday from 6 - 7 p.m. at the Calvert City Civic Center located at 861 East 5th Avenue.


Instructor Amber Bacon continues to inspire and help achieve your health goals with yoga. Having spent her entire life in Marshall County, Bacon is a dedicated mother and a full-time professional who loves life's simple pleasures. Juggling the responsibilities of raising two sons and two dogs, she still finds time for her own joy, which includes a deep appreciation for yoga, food, live shows, her love for the outdoors, and a diverse range of music.

Her mission is to create a safe, judgment-free space where individuals can prioritize self-care and mindfulness.

"I want my class to be a sanctuary for people to take a break from the demands of life, connect with yourself, and breathe. All levels are welcome. I encourage my yogis to listen to their bodies and adjust as needed. This is your practice, and my goal is for you to leave feeling good and relaxed both physically and mentally," expressed Bacon.

Residents of Calvert City are invited to join in this exciting yoga journey, fostering connections with others and embracing the myriad benefits of yoga.

Yoga mats will not be provided. Children are allowed but must be accompanied by an adult. Classes will be held once a week on Tuesdays at 6:00 p.m. at the Calvert City Civic Center. There is no charge.



American Legion Fish Fry


Calvert City American Legion Post 236 will hold a fish fry on Friday, March 28th from 5 - 8 p.m. Fried catfish and drinks with all the fixin's. Located on Hwy. 95, between North Marshall Middle school and I-24 overpass.

Happy 100th Birthday

Wishing a Happy 100th Birthday to Elizabeth Ellington Hoffman.

Elizabeth was born March 22, 1925. She grew up in Calvert City and now lives in Ohio. She wants everyone to know that she still loves her friends and all of Calvert City.

If you would like to send a card or wish to Elizabeth, her address is:
Elizabeth Hoffman
Enclave of Springboro
355 West Central Ave. - Room 119
Springboro, OH 45066



Benton Library Spring Break week event

Spring Break week event - Bussin' Bingo & Skibidi Sodas at Benton Library
Friday - April 11th, from 3:00 - 4:00 p.m.
2nd floor - Meeting Room B
Get ready for a family afternoon game with a twist--Bussin' Bingo & Skibidi Soda's Family Edition! Whether you're vibing with your squad or hanging out with the fam, this game brings together all ages with some serious drip, all while sipping on some dirty sodas!

Marshall Co. Preschool/Head Start/ Early Head Start Registration March 28th

The Marshall County Preschool/Head Start/ Early Head Start Program is now enrolling students for the 2025-2026 school year. Preschool applicants must be a Marshall County resident and age 3 or 4 on or by August 1, 2025. Eligibility is based upon federal income guidelines or documented disability, regardless of income.

Marshall County Child Find Developmental Screenings are available to Marshall County residents with concerns about a child's development and all families registering for the Marshall County Preschool/Head Start Program. Developmental screenings will be held by appointment only on March 28, 2025 at the Marshall County Library. Appointments may be made by calling (270) 527-6757.

Early Head Start is a home-based option for pregnant moms and children through the age of 3. It provides development education and family support. Families must meet income guidelines to qualify.

Contact the Marshall County Preschool Office for more information and to schedule your child's application and screening appointments at 270-527-6757.

An online application is available at <https://forms.gle/XbAzY4XxoyiKJh4G8>. Once the online application has been submitted, office staff will contact you to schedule an in-person appointment to complete the remainder of the enrollment application and to schedule a screening appointment for your child.

www.thelakenews.com

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Sunday School- 9:00 a.m.
Worship- 10:00 a.m. Worship- 6:00 p.m.
Wed. Eve Bible Study
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M - F 8 - 4 Sat hours vary

